



## Storm Preparation Guidelines

### Before the storm

- Test your generator to make sure it works and have a supply of fuel ready.
- Prepare non-perishable food such as sandwiches, granola bars, and fruit. Make sure you have a supply of drinking water appropriate for the size of your family, as well as baby formula and diapers if necessary.
- If you are on a well, fill your bathtub with water so that you have a source of water if the power goes out.
- If you are using a generator that is hardwired into your home, make sure that you isolate your home from the power grid.
- Charge your devices, flashlights and radios.
- Secure any outdoor furniture or loose debris.
- If you are using a generator, make sure that it remains in a well-ventilated area OUTSIDE your home.
- Help friends and neighbours prepare similarly if necessary.
- Remember, it is always better to be overprepared than underprepared!

### During the storm

- For the duration of the storm, it is important for people to follow instructions from their local government, fire department and emergency services.
- Stay off the roads and keep vehicles off the streets so that snowplows can clear roads as soon as possible.

- If you heat your home with a pellet stove, propane, or natural gas, and you have a direct exhaust system for your furnace, make sure the air inlet and exhaust outlet remain clear of snow.
- Under no circumstances should you attempt to heat your house or cook inside with a BBQ or camp stove. These devices produce dangerous levels of carbon monoxide.
- If power goes out and you are using candles to light your house, make sure that candles aren't left unattended.
- If power goes out, conserve water diligently, especially if you are a user of a Municipal water system.
- If power goes out, make sure you turn off any appliances you had on when the power went out. Confirm your stove/oven is off.
- If power goes out, close off any rooms that aren't being used in order to conserve heat in your home.
- If the power goes out, you can help yourself stay warm by avoiding alcohol and making sure you keep your body fueled by eating snacks and meals regularly.
- For emergencies, call 9-1-1 and do not attempt to drive yourself to a hospital or health centre.

## After the storm

- If the power is still out, users of Municipal water systems must conserve water diligently.
- Stay away from downed power lines. Even if you think you recognize the line as a telephone or cable line, it could still be energized.
- When the snow stops, and you start to dig out, remember not to overexert yourself. Take frequent breaks, remain hydrated, and if you don't feel well, stop!
- When it is safe to do so, check the snow load on the roof of your house, garage, shed or barn.
- Most importantly, check in with friends, family and neighbours to let them know you are okay.



## Emergency contacts

*In an emergency, call 9-1-1*

### Fire chiefs

**Lake Ainslie** Volunteer Fire Department  
Chief: Mike Gillis 902-224-0147

**Port Hastings** Volunteer Fire Department  
Chief: James Cavanagh H: 902-625-0110  
C: 902-302-1751

**Margaree Forks** Volunteer Fire Department  
Chief: Robert MacLeod 902-248-2115

**West Bay Road** Volunteer Fire Department  
Chief: Daniel Shaw H: 902-345-2235  
C: 902-623-2469

**Port Hood** Volunteer Fire Department  
Chief: Donald Francis Beaton H: 902-787-2845  
C: 902-631-1078

**Valley Mills** Volunteer Fire Department  
Chief: Justin Usher 902-574-7504

**Mabou** Volunteer Fire Department  
Chief: Lloyd Campbell 902-945-2957

**North East Margaree** Volunteer Fire Department  
Chief: Shawn Burchell 902-248-2589

**Judique** Volunteer Fire Department  
Chief: Archie MacDonald H: 902-787-2537  
C: 902-787-3401

Brigade de feu de **Chéticamp** Volunteer Fire Department  
Chief: Wayne Chiasson 902-224-0031

**Blues Mills** Volunteer Fire Department  
Chief: Carl Ferguson 902-756-2195

**Inverness** Volunteer Fire Department  
Chief: Ian Poirier 902-258-5450

Brigade de feu de **LeMoine** Volunteer Fire Department  
Chief: Alfred Aucoin H: 902-224-3529  
C: 902-224-0044

**Pleasant Bay** Volunteer Fire Department  
Chief: Murray Pattingale 902-224-1239

**Whycocomagh** Volunteer Fire Department  
Chief: Shawn Harrison H: 902-945-2677  
C: 902-623-2905

**Waycobah** Volunteer Fire Department  
Chief: John William Cremo 902-623-1850

### Inverness County RCMP Detachments

**Chéticamp** Office  
902-224-2050  
Toll Free 1-800-440-1323

**Inverness** Office  
902-258-2213  
Toll Free 1-800-440-1323

**Waycobah** Office  
902-756-3371  
Toll Free 1-800-440-1323

**Port Hawkesbury** Office  
902-625-2220  
Toll Free 1-800-440-1323

### Other Important Numbers

**Emergency Municipal Hotline**  
902-258-5048

**Emergency Measures Organization**

(Dispatches local coordinator – 24 hrs/day)  
1-902-424-5620

**Environmental Emergencies** (24 hrs/day)  
1-800-565-1633

**Aircraft & Marine Distress** (24 hrs/day)  
1-800-565-1582

**Poison Control** (24 hrs/day)  
1-800-565-8161

