

History of Project

Tremendous learning to date

Fall 2020- Construction of a I km trail around perimeter of property

Student lead planning

Perimeter of the trail route, clearing of brush

Construction of bridges

Tremendous learning yet to come













Benefits: Physical

A healthy, active lifestyle in nature is associated with a longer, disease free life

decreased stress levels and decreased chance of depression.

Regular physical activity reduces the risk of developing several chronic illnesses

reduced risk of osteoporosis, obesity and depression

increased psychological well-being and quality of life

Benefits: Mental Health & Well-Being

Fresh air will reawaken your brain

Reconnecting with nature reduces stress and calms your nerves

Time in nature is an antidote for stress

Lower blood pressure and stress hormone levels

Increase self-esteem

Reduce anxiety, and improve mood



Benefits: Environmental

Streams, and natural areas provide environmental benefits including habitat for birds and wildlife

Increased faunal and floral biodiversity; ecological function

Hydrologic health to air quality; carbon sequestration

Protects ecological systems from harm: llegal dumping, contamination

Ecological monitoring; management of invasive species Protection, restoration and management of natural ecosystems associated with our trail development



Benefits: Community







NATURAL, CULTURAL AND ARCHAEOLOGICAL EDUCATION **EXPERIENTIAL EDUCATION**

INCREASED CONNECTION



LEARNED RESPECT FOR NATURE

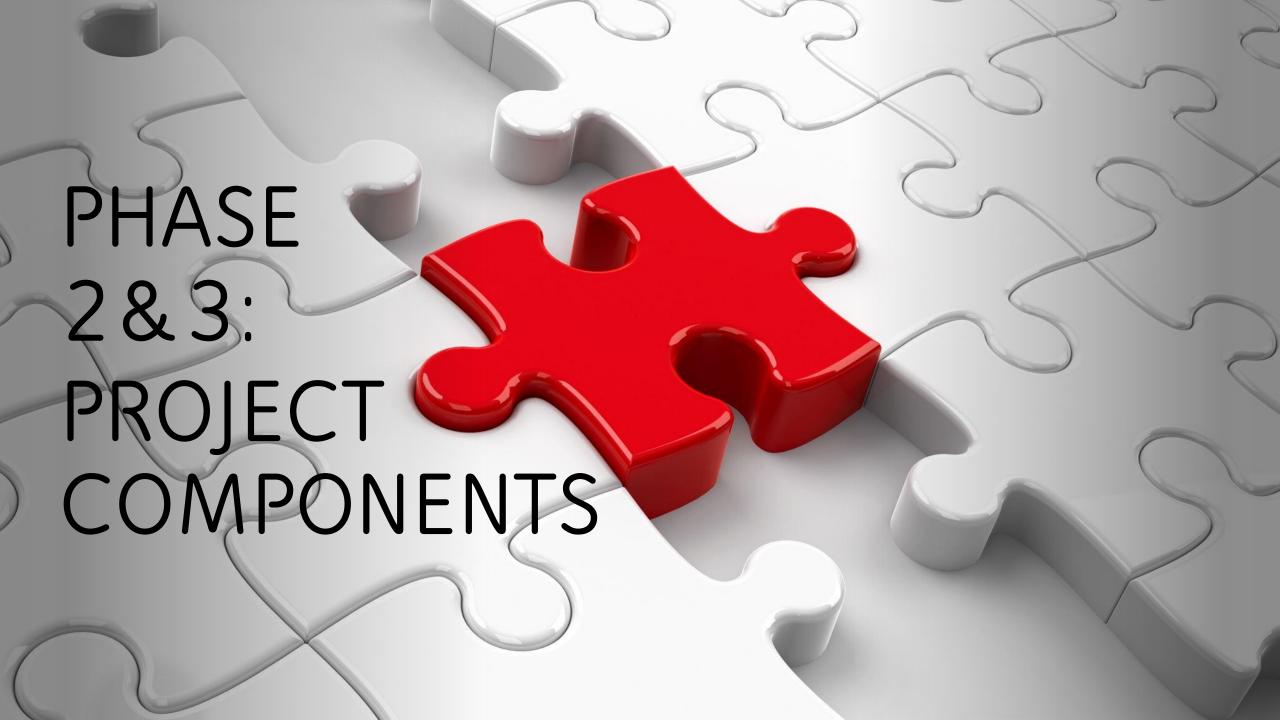


INCREASED
OPPORTUNITIES FOR
SOCIAL INTERACTIONS

Community Benefit (continued)

- Fostering social relationships and shared responsibility
- Reduced crime rates
- Encouraging youth to find their entertainment in healthy, wholesome pursuits
- Allowing people to exercise in a safe and inexpensive manner
- Enjoyable and safe options for transportation, which reduces air pollution.





Phase 2: Project Components

Completing
the construction of our
pathways
(Barrier-free access)

Development of safe entrances and exits to trail

Appropriately sized and color shaded SIGNAGE, meeting the needs of visually impaired

Seating along trail pathways

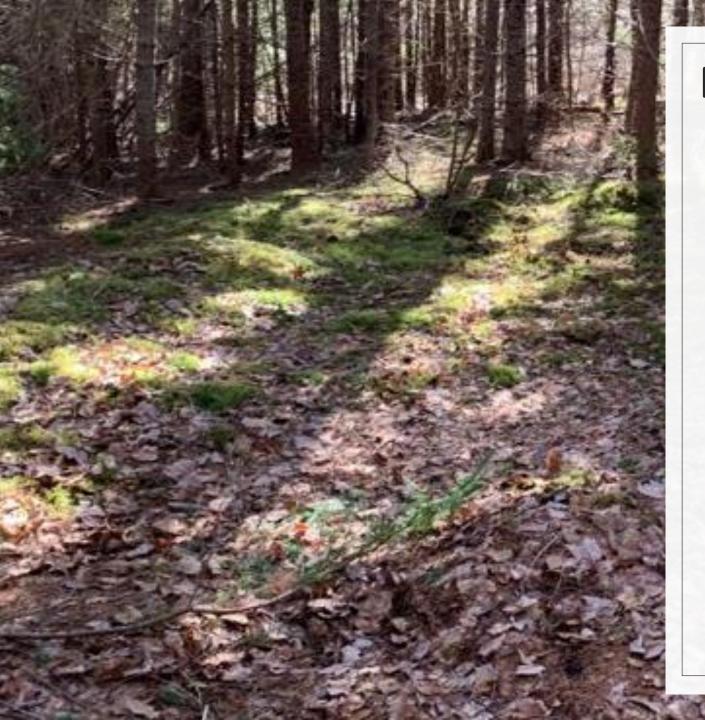
FÀILTE

PJILA'SI



BIENVENUE

WELKOM



Phase 3: Outdoor Learning

- Cultural learning area with Interpretative Signage representing the local cultures in Nova Scotia (Acadian, Gaelic, First Nations, English, Dutch)
- Science / Biodiversity outdoor learning space
- Music in Nature learning space focusing on the above noted rich cultures found in our Inverness county communities

Budget

Revenue		
Municipality, Rec Dept	1000	
NSTU	600	
Donated Equipment	2000	
In-Kind Donations	11595	
School Based Funds	10000	
Municipal In-Kind (Bike racks)	2000	
Private Donors	1300	
Municipal Contribution	11700	
Provincial Contribution	19305	
Total Revenue		\$58,500

Budget

16000	
12500	
9500	
9500	
3500	
3500	
1000	
1000	
1000	
	\$58,500
	12500 9500 9500 3500 3500 1000 1000

Funding Request

20% OF BUDGET

\$11,700



Thank you!