

INVERNESS COUNTY

SUMMER RECREATION GUIDE



MULTI-SPORT PROGRAMS

All programs start the week of July 7th

Age 8–12*Creignish (Ages 5–10)

A free 7 week summer program offered to boys and girls by the Get Active team. Please check your community for day of the week.

Community	Location	Time	Week Day
Judique	JRA	9:30-11:00	Monday
Creignish	Creignish Recreation Centre/ Ball Field	10:00-11:30	Tuesday
Cheticamp	NDA - Cheticamp	10:00-11:30	Tuesday
Margaree	Cranton Crossing	1:00-2:30	Tuesday
Port Hood	Bayview Education Centre	10:00-11:30	Thursday

Pre-registration preferred. Each community is a separate program.



For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca



PLAY & FINDER

SUMMER EXPLOSION

Thursdays, July 10 – Aug 21

Age 9 – 12

Community	Inverness
Location	IECA
Time	9:15-10:15
Fee	\$20

Summer Explosion by the Get Active Recreation Team offers fast-paced fun for boys and girls aged 9-12 on Thursday mornings from July 10 to August 14. The program focuses on movement activities like races, relays, tug of war, strength training, and agility training. Sneakers, water bottle, sunscreen & bug spray required.

Space is limited to 20. Pre-registration required



For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca



TEEN TOURNAMENTS

Wednesdays, July 9 – August 13

Ages 13+



Tournament	Locations	Time	Fee	Day Of Week
Spike Ball	Beach to be determined prior to day	12:30 arrival	\$10 per team	Wednesdays
Volleyball	Beach to be determined prior to day	12:30 arrival	\$20 per team	Wednesdays

Pre-registration preferred

Teens are invited to take part in friendly competition with our weekly spikeball and volleyball tournaments! Whether you're playing for fun or aiming to win, it's a great way to stay active and connect with others. All skill levels are welcome!

For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

[invernesscounty.ca](https://www.invernesscounty.ca)



PLAY & FINDER

GIRLS AT BAT



Thursdays, July 10 – Aug 21

Ages 2013–2016

Community	Location	Time	Fee	Group
Inverness	Ball field	10:30-11:30	\$25	Skills
Inverness	Ball field	10:30-11:30	\$90	U11 Rep



In partnership with the Toronto Blue Jays and JaysCare, the Get Active Recreation Team is offering a 7-week, fun-focused softball program for girls ages 9–12. The program will introduce basic softball skills and team play in a welcoming environment.

Note: Players participating in the U11 rep team will also have additional evening practices outside of this program's regular time.

Pre-registration required

For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca



BRICK BUILDERS LEGO CLUB

Stay tuned for registration

Ages 6–12

Location	Date	Time
Hillsborough Hall	Wednesdays - weekly	9:30-11:00
Whycocomagh Waterfront Centre	Thursday, July 3rd	1:00-2:30
Cheticamp	TBD	TBD
Inverness County Centre for the Arts	Thursday, July 10th	1:00-2:30



This weekly program encourages kids to build and create with LEGO bricks through fun challenges, group builds, and competitions that foster creativity and teamwork. All materials are provided; participants just need to bring their ideas!

For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca



LIZZI'S LOOP ADVENTURES

Bayview Education Centre 9:30–11:00

Ages 4 – 6



Join Lizzi's Loop Adventure Camp with the Get Active Recreation team for a 1km adventure filled with crafts and activities. Campers can be dropped off at 9:30 am; registration is preferred. Each camper should dress for the weather, apply sunscreen and bug spray, and bring a water bottle (snacks provided). This program is offered free of charge. Registration is preferred. If your child requires additional accommodations please contact our office.

Under the Sea Day- Campers will explore ocean life by diving into sensory bins, creating their own underwater habitats, and making ocean-inspired crafts to take home.

Teddy Bear Day- Campers will enjoy a teddy bear "check-up" with bandages and coloring, have a picnic with snacks, stories, and songs, and finish with face paint and a fun dance party!

Bug Day- Campers will build bug habitats, make insect crafts, and explore the trail to search for real and hidden bugs along the way.

Super Hero Day- Campers will design their own superhero masks, complete a fun obstacle course, and create sidewalk superheroes by tracing themselves with chalk.

Date	Theme
Thursday, July 3rd	Under the Sea
Friday, July 4th	Teddy Bear Day
Monday, July 7th	Bug Day
Tuesday, July 8th	Super Hero



For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca

PLAY & FINDER



GAME ON!

Thursday, July 10th – August 21st

Ages 5–7



Community	Location	Day of Week	Time
Port Hood	Bayview Education Centre	Thursdays	9:00-10:00

Game On! is a high-energy, weekly outdoor program where kids dive into classic Phys. Ed-style games like Capture the Flag, Octopus, and Shadow Tag. Designed for all skill levels, each session emphasizes fun, teamwork, and friendly competition. With minimal equipment and maximum movement, it's the perfect way to get active, make new friends, and enjoy the great outdoors.

Pre-registration preferred

For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca



SUPER SCIENCE DAY

Find your community for day and time

Ages 6–10



Community	Location	Date	Time
Port Hood	St. Stephens Hall	July 28th	9:30 - 11:00
Inverness	Inverness County Centre for the Arts	TBD	10:00 - 11:30
Whycocomagh	Whycocomagh Waterfront Centre	August 18th	10:00 - 11:30

Super Science Day! is designed for curious minds aged 6–10. This action-packed day features a variety of interactive science experiments and activities that are crafted to spark imagination and foster a love for science. Join us for a day of fun, learning, and scientific adventure!

Pre-registration preferred

For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca



ARTS AND CRAFTS

Stay tuned for Registration

Ages 6–12



Community	Location	Date	Time
Port Hood	St. Stephens Hall	Wednesdays - Weekly	9:30-11:00
Inverness	Inverness County Centre for the Arts	July 17th	12:30-2:00
Whycocomagh	Whycocomagh Waterfront Centre	July 10th	1:00-2:30
Cheticamp	TBD	TBD	10:30-12:00

This program allows kids to express themselves through hands-on art projects, featuring new crafts with various materials each session. Children will create unique items to take home, with all supplies provided—just bring your imagination!



For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca



PLAY  FINDER

OVERVIEW

Get Active Inverness County Summer'25

Program goals: to offer a variety of meaningful programming throughout the county and to utilize some of the fantastic outdoor spaces while not impeding on community based programs and community events.

Registration process: For families new to our programming a parent or guardian is to create an account and subsequently add each child to their account. Registering online allows our team to plan accordingly based on numbers, demographics and accommodate any allergies or additional needs.

Accommodation: If you or your child require additional accommodations to participate in our programming such as equipment, financial assistance, or support please contact Krista MacInnis (902)-258-5930.



For more info contact: Recreation and Community Wellness
902-258-5930 Krista.MacInnis@invernesscounty.ca

invernesscounty.ca



Location Legend – Summer 2025

Location	Community	Address
Bayview Education Centre	Port Hood	133 Company Rd, Port Hood NS B0E 2W0
Hillsborough Hall	Hillsborough	4738,Highway 252, Mabou Nova Scotia
NDA	Cheticamp	15118 Cabot Trail Rd, Cheticamp, Nova Scotia
Cranton Crossing	Margaree	206 Cranton Cross Rd, Margaree Forks NS
Creignish Recreation Centre/ Ball Field	Creignish	2123 Highway 19, Creignish NS
JRA	Judique	10-20 6015 rd, Judique, Nova Scotia, B0E1P0
IECA	Inverness	59 Veterans Memorial Crt, Inverness NS
Inverenss County Centre for the Arts	Inverness	16080 Hwy 19, Inverness NS
Whycocomagh Waterfront Centre	Whycocomagh	9650 Hwy 105, Whycocomagh NS
Lizzi's Loop	Port Hood	133 Company Rd, Port Hood NS B0E 2W0
St. Stephen's Hall	Port Hood	239 Main St, Port Hood Ns
Dalbrae Academy	Mabou	11156 Highway 19, Southwest Mabou, NS B0E 1X0
La Salle des Retraites. de Cheticamp	Cheticamp	15108 Cabot Trail, Cheticamp, Nova Scotia
Ned MacDonald Memorial Ball Field	Inverness	82 Black Dimond Lane, Inverness, Nova Scotia
Inverness Beach	Inverness	158 Beach No. 1 Rd, Inverness, Nova Scotia
Sunset Beach	Port Hood	40 Court St, Port Hood NS B0E

WAVE VOLLEYBALL CAMP IECA - JULY 29,30,31



**CAMP IS CO-ED, GRADE 5-7, GRADE 8-10
FEE IS \$60, LIMITED ENROLLMENT PER GROUP**

**SESSION 1
GRADE 5-7
9:00 AM- 10:30AM**

**SESSION 2
GRADE 8-10
10:30AM - 12:00PM**



ALBA FA 'PLAY GÀIDHLIG' SOCCER CAMP

FÉIS MHÀBU

MABOU, NS

JULY 14-JULY 15

9:00AM - 12:30PM

FEE \$25



Harry MacNeacil
FC Sonas Club Leader



Calum MacFhearghais
Alba FA Co-Founder



Innes Scullion
Hillhead Gaels Coach

WHO CAN JOIN?

- Ages 6-14
- All Skill Levels Welcome

WHY CHOOSE US?

Join us for a unique opportunity with three Alba FA coaches from Scotland.
Learn soccer while promoting the Gaelic language.
Connect with Gaelic speakers and learners in a fun environment.

To Register Visit: <http://tinyurl.com/384bf8jh>

Questions: Krista MacInnis 902-258-5930 krista.macinnis@invernesscounty.ca

Municipality of
Inverness
County

PLAY & FINDER
INVERNESS

I N V E R N E S S

GARY MACINNIS MEMORIAL BEACH VOLLEYBALL TOURNAMENT

WEDNESDAY, JULY 23RD, 2025

Inverness Gathering partners with the Get Active team
to host an Adult Beach Volleyball Tournament.

- first 12 teams accepted
- min 2 ladies per team
- teen division possible depending on interest
- fee \$20 per team
- teens 15+ permitted
- 12:30 team check in





GIRLS SOFTBALL CAMP



In partnership with JaysCare & the Toronto Blue Jays & Cape Breton West Softball

Join us for a fun and active two-day softball camp! This camp focuses on building fundamental softball skills through drills, games, and teamwork. It's perfect for beginners and those looking to improve their game in a supportive, fun, team environment.

GIRLS 2013-2015

Inverness
Friday, July 11th

Port Hood
Saturday, July 12th

9:00am - 11:30am each day
\$25 per player, BBQ included



Municipality of
**Inverness
County**

PLAY & FINDER

For information contact:
Krista MacInnis 902-258-5930

YEAR ROUND RECREATION *on the* CELTIC SHORES COASTAL TRAIL



invernesscounty.ca



celticshores.ca