December 2025

Recreation programming





invernesscounty.ca | 1-866-258-0223

Holiday **Activities**

Let the merry-making begin! Explore holiday programs that bring joy to you and your community.

Christmas Craft Socials

Enjoy a relaxing morning of crafting and community and create a festive scorch paint craft to take home with you.

Tuesday, December 2 | Whycocomagh Waterfront Centre | 10:00 a.m. - 12:00 p.m.

Monday, December 22 | Club des retraites, Chèticamp 11:00 a.m. - 1:00 p.m.

For more information, contact Anna Solomon at anna.solomon@invernesscounty.ca

Hosted in partnership with Christmas in the Village





















Santa for Seniors

Spread some extra joy to an older adult in your life and register them for Santa for Seniors. Santa for Seniors connects local students and older adults by providing handmade gifts and cards to bring extra warmth and joy at this time of year.

For full details and to register, visit invernesscounty.ca/seniors

Registration closes December 19, 2025.

All Ages Escape Room **Series**

The Magic Crystal that Santa needs to power his sleigh has gone missing and he needs your help to

Come alone or bring a group, test out your puzzle skills, and save the holidays!

Reach out to Jason Calder to register: jason.calder@invernesscounty.ca | 902-258-7232

Cranton Cross Road Community Centre December 16th | 6:00 - 8:00 p.m.

Whycocomagh Waterfront Centre December 18th | 6:30 - 8:30 p.m.

Mabou **Details TBD**

Judique **Details TBD**

Stay tuned to the Municipality's Facebook page for up-to-date information!

Karma Yoga Collective

Thursdays | St. Peter's Parish Hall, Port Hood 7:00 - 8:00 p.m. | Fee by donation | All are welcome Register at playfinder.ca or upon arrival.

December 4: Gerri

Settle into Yin – includes a light warm-up and longer Yin holds that support fascia health and inner stillness. Suitable for all bodies.

Space is limited, early registration is encouraged.

December 11: Carol Ann

Yoga Flow: strengthen, stretch, and find balance.

December 18: Bernadette

Full Body Flow - a whole-body practice filled with continuous movement and uplifting energy.

For more information, contact yogacollectiveporthood@gmail.com Participants need to bring their own mat.

Adult

Programming Schedule

For more information or to register for community programming, visit <u>playfinder.ca</u>, or call the Inverness County Recreation & Community Wellness Department at 902-787-3508.

Ecole NDA	Monday	Walking Group	7:00 - 8:30 p.m.
	Tuesday	Pickleball	6:30 - 8:30 p.m.
	Wednesday	Badminton	7:00 - 8:30 p.m.
СВНА	Thursday	Soccer	7:00 - 9:00 p.m.
IECA	Monday	Pickleball	7:30 - 9:00 p.m.
	Wednesday	Pickleball	7:30 - 9:00 p.m.
	Thursday	Basketball	7:30 - 9:00 p.m.
	Tuesday	Pickleball	7:00 - 8:30 p.m.
WEC	Tuesday Thursday	Pickleball Badminton	7:00 - 8:30 p.m. 6:30 - 8:00 p.m.
WEC			
WEC Dalbrae	Thursday	Badminton Ultimate	6:30 - 8:00 p.m.
	Thursday Friday	Badminton Ultimate Frisbee	6:30 - 8:00 p.m. 6:30 - 8:00 p.m.
	Thursday Friday Wednesday	Badminton Ultimate Frisbee Soccer	6:30 - 8:00 p.m. 6:30 - 8:00 p.m. 7:00 - 9:00 p.m.

Please note: activities will not take place when schools are closed due to holidays or school functions.



Youth Indoor Soccer

Tuesdays | 6:00 - 7:00 p.m.
Bayview Education Centre Gym

Ages 10 -14 | Fee: \$20 | registration at playfinder.ca

Come scrimmage for an hour with new teams each week. Appropriate footwear is required. Participants are invited to register at any time throughout the season.

No soccer December 23, 30



For more information on youth recreation programs, contact Krista MacInnis at 902-258-5930 or krista.macinnis@invernesscounty.ca

Skate

Schedules

Al MacInnis Sports Centre

Port Hood

45 Wharf Road 902-787-3210 porthood.rinkbook.ca

Senior Skate

Tuesdays 10:00 a.m. - 12:00 p.m.

Family Free Skate

Sundays times vary. Check online for schedule.

Mabou Athletic Centre

Mabou

186 Mabou Harbour Road 902-945-2378 mabou.rinkbook.ca

Family Skate

Sundays 5:30 - 7:00 p.m.

Open Skate

Monday 3:30 - 5:00 p.m.



Dr. Bernie Recreation & Cultural Centre Inverness

59 Forest Street 902-258-2712 inverness.rinkbook.ca

Adult Skate

Tuesdays/Thursdays 2:00 - 3:00 p.m.

Parent & Tot Skate

Tuesdays/Thursdays 3:00 - 4:00 p.m.

Family Skate

Saturdays/Sundays 6:00 - 7:00 p.m.

Cabot Trail Arena Chéticamp

15582 Cabot Trail 902-224-3337 <u>cheticamp.rinkbook.ca</u>

Adult Skate

Thursdays 1:00 - 2:00 p.m.

Family Skate

Saturdays 6:00 - 7:00 p.m. Sundays 3:00 - 4:00 p.m.

Family Disco Skate

Saturdays 7:00 - 8:00 p.m.

For full arena schedules or more information, please contact the arenas directly.





Wishing you a safe and happy holiday season!

Winter Equipment Rental

Cross country skis and snowshoes are available for \$2/day or \$10 for a full week. Pick up at the Recreation & Community Wellness office (186 High Rd., Port Hood). For more information or to book, call 902-787-3508.