

# Your healthcare career is waiting for you in Inverness County

Municipality of  
**Inverness  
County** 



Chéticamp Harbour



Discovering the possibilities and opportunities of a new place to live, work and play can be the most exciting adventure. Inverness County, situated on the scenic western coast of Cape Breton Island, Nova Scotia, is waiting for you. We invite you to experience your healthcare career here in new and extraordinary ways.

## #1 Island in North America

Cape Breton Island has been ranked the #1 Island in North America by Condé Nast Traveler readers and #1 Island in Canada by Travel + Leisure readers.

Cape Breton Island is located on the eastern side of Nova Scotia and geographically makes up one third of the province. The island has a population of 147,000. Our top economic sectors include transportation, technology and innovation, renewable energy, seafood and agri-food, tourism, advanced manufacturing, education and research, engineering and environmental services, forestry/minerals and arts and culture.

**Steeped in tradition, Cape Breton offers a one-of-a-kind experience.**

## Inverness County – CANADA’S MUSICAL COAST



Inverness County and its 3,800 square kilometres along the western coast of Cape Breton Island is known as Canada’s Musical Coast. The county’s key economic drivers include tourism and culture, fishing, aquaculture, agriculture and forestry.

We are a multicultural, multilanguage destination, offering a safe and welcoming environment to newcomers from all over the world.

Our beautiful communities and majestic coastline are bound together by age-old Mi'kmaw, Gaelic, and Acadian musical traditions. The county runs through Cape Breton Highlands National Park, known for its spectacular highlands and ocean scenery. The Mi'kmaw community of We'koqma'q is nestled along the world-famous Bras d'Or Lake. We'koqma'q has one of the island's most beautiful hiking trails—the Skye River Trail—and lives its vibrant Mi'kmaw culture in every aspect of community.

Inverness County is also home to the world-renowned Cabot Trail. This iconic scenic drive weaves through part of Inverness County, showcasing the mighty Atlantic Ocean through incredible vistas and craggy shoreline. The region's Ceilidh Trail winds up the western coast and is known for offering up the best sunsets in Canada.

Throughout the year, you can experience spirited festivals, concerts and ceilidhs (also known as kitchen parties!). Live music venues, theatre, and local pubs showcase the exceptional talent that thrives here and offer a chance to experience first-hand the music and Cape Breton culture that make lasting memories.

The culinary scene here is rooted in fresh, local seafood and farmland bounty. Craft beer is made at Route 19 in Inverness. Independent artisanal shops dot our village streets offering up locally-made art and crafts, vintage finds and eclectic treasures.

## LAND ACKNOWLEDGMENT

The Municipality of Inverness County is located in Unama'ki (Cape Breton). Unama'ki means 'land of fog' and is one of the seven districts of Mi'kma'ki, the traditional and unceded territories of the Mi'kmaq.

We honour and respect the Mi'kmaq people who have stewarded this land since time immemorial and recognize the ongoing relationships and responsibilities to these lands.



Cabot Cliffs Golf Course, Inverness



West Mabou Beach



Lobster fresh off the dock



**We are a welcoming people** – Inverness County is an exceptionally friendly and safe place to live. Working here means having a safe place to live with near access to unlimited outdoor recreational activities on land and sea.

Playing here

Outdoor adventure is a stone’s throw from the workplace. Forget about packing up and driving hours to get to the best recreation spots–Inverness County is literally your playground!

Two of the world’s top 100 golf courses are here. Cabot Links and Cabot Cliffs are located in the community of Inverness and welcome international golfers and local golf enthusiasts. Celtic Shores Coastal Trail is a walking, hiking and biking multi-use trail that stretches 92 kilometres from Port Hastings to Inverness, winding its way along the coastline—the views are spectacular!

For those that love being on the water, experience the best of kayaking, canoeing, sailing and surfing. Whale and seal watching tours on our coastal waters offers a glimpse of the sea’s most beautiful creatures. The region’s natural wildlife provides exceptional opportunities for birding enthusiasts and photographers.

Sandy beaches can be found in almost every corner of the county and boast the warmest waters in Eastern Canada. Hiking trails for all skill levels can be found throughout the county and in the Cape Breton Highlands National Park and showcase mountains, valleys and coastline. For those that love to cast a line, the Margaree River offers the best salmon fishing in Eastern Canada.

Outdoor adventure doesn’t stop in winter! Enjoy activities including snow shoeing, skating and hockey, snowmobiling and hiking through groomed trails.



Snowmobiling, Margaree Valley



Cabot Cliffs Golf Course, Inverness



Celtic Shores Coastal Trail



Pleasant Bay



Education

Inverness County has several primary and secondary schools. These include:

- Bayview Education Centre in Port Hood (P-8)
- Whycocomagh Education Centre (P-8)
- Dalbrae Academy in Mabou (9-12)
- Cape Breton Highlands Education Centre in Terre Noire (P-12)
- Pleasant Bay School (P-12)
- Inverness Education Centre/Academy (P-12)
- École NDA in Chéticamp (P-12)
- We'koqma'q Mi'kmaw School (P-12)

Cape Breton Island has world-class institutions offering a broad range of undergraduate, graduate and trades-related programs. Cape Breton University (CBU) in Sydney, and Nova Scotia Community College campuses in Port Hawkesbury and Sydney, provide robust and industry-relevant programs for the local population and for a diverse international student population. The establishment of the new Cape Breton Medical Campus at CBU is an exciting addition to the healthcare field in Inverness County. A short commute from Inverness County is the Town of Antigonish, home to one of Canada's top universities, St. Francis Xavier University.

The Université Sainte-Anne, a french-language institution, has two campuses on Cape Breton Island, with one located in Saint-Joseph-du-Moine, serving the Acadian population of Inverness County.

Beinn Mhàbu, located in the community of Mabou, offers a broad-based interdisciplinary Gaelic Foundations Program for students looking to gain a deeper understanding of the history, literature, music and dance of Gaelic culture of Nova Scotia.



Family services

Moving with a young family can present unique demands. If you have small children, you want to be sure of supports and services that can make all the difference to a rewarding career. Inverness County has a myriad of services for parents, caregivers and children.

Infant, toddler, and preschool child care programs are available at the following centres:

Bayview Child Development Centre

**Port Hood:** Full day programs for toddlers (18-35 months) and preschoolers (36 months-5 years who are not in school).

Garderie Les Petits Poussins Daycare

**Chéticamp:** Full day and school age programs for toddlers (18-35 months), preschoolers (36 months-5 years) and school age (4-12 years in school).

Taigh Sgoile na Drochaide

**Mabou:** The only Gaelic immersion primary school in North America. An independent school that follows the Nova Scotia curriculum in the Gaelic language.

Island Trails Child Care Centre

**Port Hawkesbury:** Full day programs for infants (0-17 months), toddlers (18-35 months), and preschoolers (36 months-5 years who are not in school).

Strait Area Educational Recreation Centre

**Port Hawkesbury:** Full day programs for toddlers (18-35 months) and preschoolers (36 months-5 years who are not in school).

Whycocomagh Lakeview Child Care Centre

**Whycocomagh:** Full day and school age programs for toddlers (18-35 months), preschoolers (36 months-5 years who are not in school) and school age (4-12 years in school).

The Family Place Centre Resource in Inverness offers free support services to families during the prenatal period through age six years with both group programs and home visiting programs.

Employment Support Programs

If you are considering relocating with your partner or spouse, Inverness County has programs and services available to assist with employment searches and readiness. Inverness County Literacy Council, Nova Scotia Works, the Cape Breton Partnership's Job Board, and the YMCA of Cape Breton can provide the guidance and support required to move forward with new employment opportunities.



Port Hood Beach





### Strategic location

Our location means easy access to both Halifax and Moncton, two of the largest consumer markets in Atlantic Canada. We are also a short flight from Toronto. Inverness County is connected to the mainland by Highway 104 to Canso Causeway, a three hour drive from Halifax and a 1.5 hour drive from the city of Sydney, the second largest city in Nova Scotia.

Celtic Shores Coastal Trail



# Inverness Consolidated Memorial Hospital

Located in the rural community of Inverness, Inverness Consolidated Memorial Hospital is a 32-bed acute care facility that is home to a level three 24-hour emergency department, community health centre and is attached to the Inverary Manor Nursing Home. Inverness Consolidated Memorial Hospital offers access to a wide variety of services, such as:

- Ambulatory care
- Continuing care
- Dalhousie Family Medicine Program satellite site (one of two on Cape Breton Island)
- Day surgery
- Diabetes education
- Diagnostic Imaging including X-ray, EKG, CT and Ultrasound
- Emergency medicine
- General medicine inpatient care
- Medical laboratory services
- Mental health and addiction services (outpatient)
- Nutrition and Food services
- Oncology community-based cancer clinic
- Hematology Clinic
- Palliative care
- Pharmacy
- Primary health care
- Public Health
- Rehabilitation services (physiotherapy, occupational therapy, Hip & Knee Satellite Clinic)
- Renal dialysis satellite unit
- Respiratory therapy
- Social work
- Visiting specialty clinics

“The culture in Inverness County is fascinating and unique. Everybody is very friendly ... it’s a tight-knit community but very welcoming. And people are very curious.”

**Dr. Jasmine Lowry**

Inverness Consolidated Memorial Hospital



“There is an appreciation between community members and doctors. The patients are grateful that we’re here, and grateful that they are receiving care. The decision to stay in Inverness to practice medicine was an easy one to make.”

**Dr. Kathryn Binnersley**

Inverness Consolidated Memorial Hospital

CHIROPRACTORS  
& MASSAGE  
CLINICS

16 VOLUNTEER  
FIRE  
DEPARTMENTS

2 HOSPITALS

# Sacred Heart Community Health Centre

Located in the rural Acadian community of Chéticamp, Sacred Heart Community Health Centre is a 10-bed acute care facility that is home to a level four 24-hour emergency department, community health centre, and is attached to Foyer Père Fiset, a long-term-care facility. Many Sacred Heart Community Health Centre staff are bilingual, and offer a variety of healthcare services, such as:

- Ambulatory care
- Continuing care
- Diabetes education
- Diagnostic Imaging including X-ray, EKG/ECG
- Emergency medicine
- General medicine inpatient care
- Medical laboratory services
- Mental health and addiction services (outpatient)
- Nutrition
- Palliative care
- Pharmacy
- Primary health care
- Public Health
- Rehabilitation services (physiotherapy, occupational therapy)
- Renal dialysis program
- Social work
- Visiting specialty clinics

“It is a pleasure living and working as part of such a close-knit community, both inside and outside the clinic and hospital. It is impossible not to fall in love with the Acadian culture, music, food, coastal drives, and people. The beauty here is timeless.”

**Dr. Felicia Lotsios**

Sacred Heart Community Health Centre

3 HEALTH  
CENTRES/  
MEDICAL  
CLINICS

# Long-term care facilities

**Inverary Manor, Inverness**

The Inverary Manor Nursing Home can house 71 residents and is one of the most modern nursing homes in the region. The state-of-the-art facility is divided into six households, all with common living areas and kitchens, plus private rooms and bathrooms. Inverary Manor is linked to the Inverness Consolidated Memorial Hospital.

**Foyer Père Fiset, Chéticamp**

Foyer Père Fiset is a 61-bed long-term-care facility, with 10 residential beds. Construction is underway on a new, 71-bed state-of-the-art facility. Foyer Père Fiset is linked to the Sacred Heart Community Health Centre.

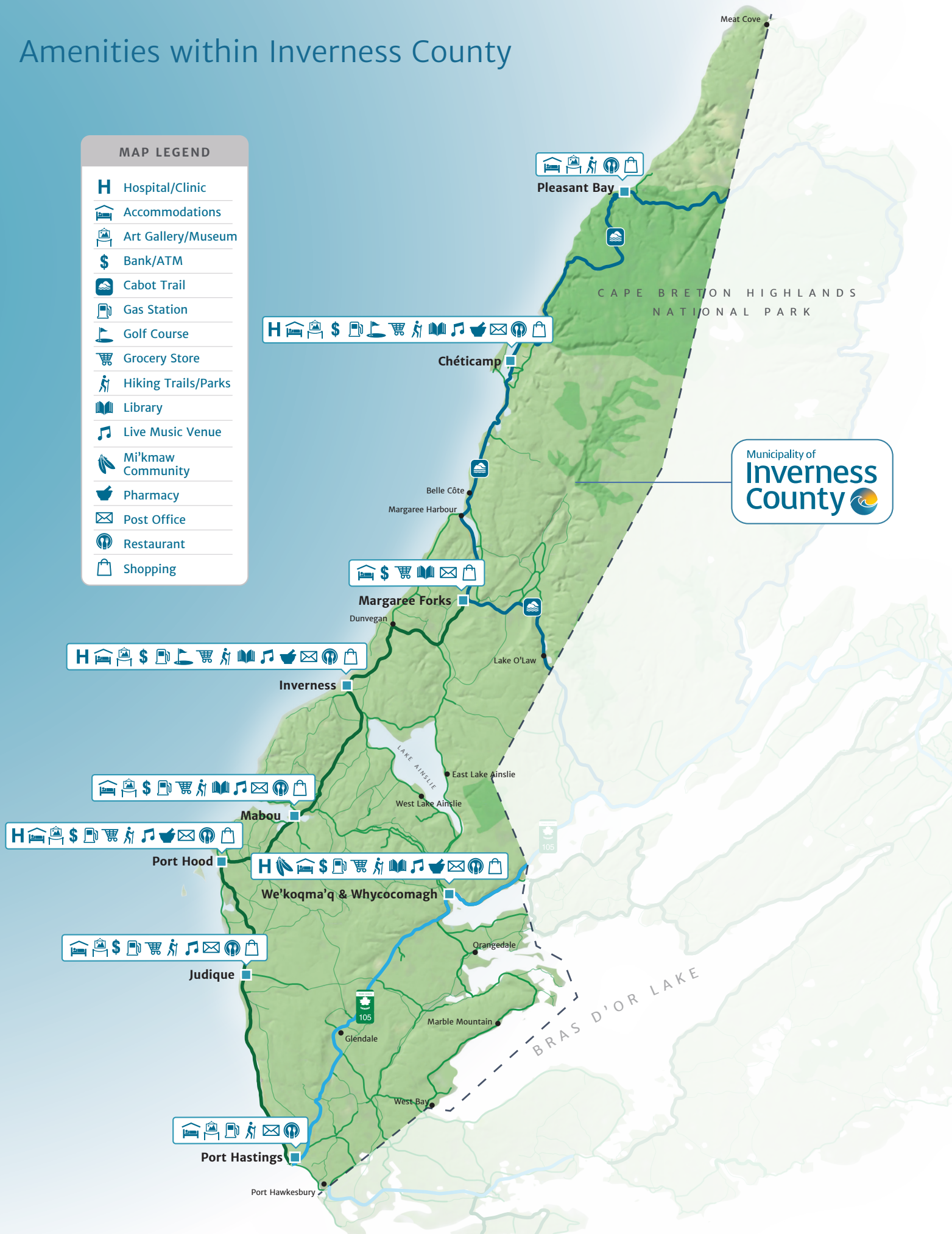
2 LONG-TERM  
CARE FACILITIES

4 EMERGENCY  
HEALTH SERVICES  
BASES





Amenities within Inverness County



“I am a lover of hiking and being outdoors, and I found the right place to call home. I will never run out of places to explore here.”

**Liam Whitty, Licensed Practical Nurse**  
Inverness Consolidated Memorial Hospital





# Healthcare employment opportunities

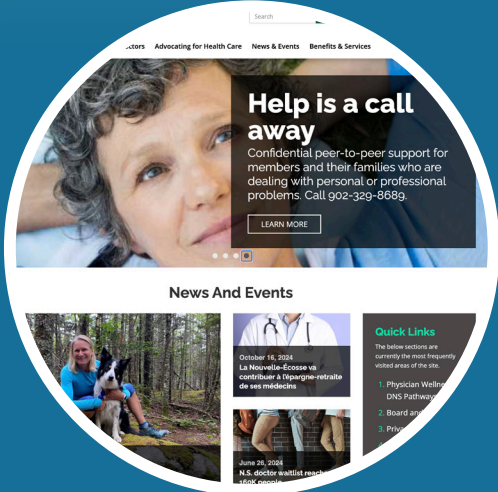
We encourage you to browse these websites that share all current healthcare employment opportunities.



Visit  
NSHDOCS.MORETHANMEDICINE.CA



Visit  
DOCTORSCAPEBRETON.COM



Visit  
DOCTORSNS.COM

# Housing

Inverness County has a range of real estate companies to assist you in finding a home perfect for you and your family. With so many communities in close proximity, there are options for rural living and homes within larger Inverness County communities.

Land is available for sale throughout the county for families wanting new home construction. If renting is your preference, there are rental opportunities throughout the county.

There are a growing number of employer and municipal-led housing initiatives to help newcomers find temporary housing while they search for their dream property.



Glenora Inn & Distillery

## Inverness County – fast facts

- Newcomer services are provided through Service Canada offices in Inverness and Chéticamp.
- The County is policed by the Royal Canadian Mounted Police, the federal and national police force of Canada. There are two detachment locations throughout the county in Inverness and Chéticamp. A third detachment is located nearby in Port Hawkesbury.
- There are 16 volunteer fire departments situated throughout the county.
- Scheduled public transportation is provided through Strait Area Transit in the south and L'Acadie in the Chéticamp region.
- We have a population of over 17,000, and an average age of 49 years.
- The residential tax rate is \$1.05 per \$100 assessment.
- The commercial tax rate is \$1.19 per \$100 assessment.



Lake Ainslie Volunteer Fire Department



Archer's Edge Luxury Camping, Judique



# Our vibrant communities

## Judique

This charming community is known for its welcoming people and rich Gaelic culture. The Celtic Music Interpretive Centre showcases the traditions of local music and is an essential destination for anyone interested in Cape Breton’s music scene. The Judique Flyer section of Celtic Shores Coastal Trail offers excellent hiking, biking and swimming.

## Mabou

Home of Canadian music legends, the Rankin family, Mabou is a picturesque community steeped in Gaelic tradition. The Red Shoe Pub, local art and craft shops, and retail services are complemented by rolling green farmlands and the spectacular backdrop of Mabou Harbour.



West Mabou Beach

“It’s about the feeling you get when stroll through these woods. The soft rumblings of the river, the warmth of the sun shining through the leaves, the stories that the Mi’kmaq people share around an open fire. This is a special place. One that will leave you with a sense of serenity. You can fish, explore the cool river water, take in the mystery of the “Tree of a Thousand Faces”.

**Skye River Trail**  
**visitwekoqmaq.ca**

## Port Hood

Known as the “Beach Capital of Cape Breton”, Port Hood is the capital of Inverness County, and home to municipal offices. Restaurants, artisanal retail businesses, charming accommodations and five beautiful sandy beaches make this a destination worth visiting.

## We’koqma’q First Nation

The community of We’koqma’q is bordered by the Bras d’Or Lake and a mountainous range known as Skye Mountain. The Mi’kmaq were the first people to populate the shores of the lake. The area is rich in hunting and fishing grounds and the landscape is tranquil and picturesque.

## Whycocomagh

The Village of Whycocomagh, nestled along the shore of the Bras d’Or Lake on the Trans-Canada Highway, has been a favourite stopping place for visitors and locals for years. Charlene’s Bayside Restaurant, Salt Mountain Trail, The Farmer’s Daughter & Country Market, Whycocomagh Provincial Park and the Whycocomagh Waterfront Centre welcome you to this truly hospitable region.



## Inverness

Inverness overlooks the Gulf of St. Lawrence and is cradled by the hills of Cape Mabou, Broad Cove Banks and Broad Cove Marsh. Inverness is a golfer’s paradise and a beachcomber’s dream. It is one of the larger retail and service centres of the county and boasts phenomenal restaurants, pubs and eclectic artisan shops. Inverness Consolidated Memorial Hospital is located in the community.



Chéticamp Boardwalk

## Chéticamp

A traditional Acadian fishing village situated along the picturesque Cabot Trail, Chéticamp is nestled alongside the Cape Breton Highlands National Park. The region’s natural mosaic of ecosystems is complemented by rich Acadian culture and tradition – in fact, colourful Acadian joie-de-vivre can be felt everywhere! Don’t miss the Doryman Pub’s live music, fresh off-the-dock seafood and Les Trois Pignons Museum. There is a wealth of wonderful places to eat, shop and explore in this unique Acadian village. Sacred Heart Community Health Centre is located in the community.

## Belle Côte

Belle Côte is situated on the historic mouth of the Margaree River on the Cabot Trail. Its rugged and sprawling ocean views offer some of the best sightseeing on the island.



Fly Fishing, Margaree River

## Margaree

Margaree offers natural beauty with a friendly atmosphere and relaxed pace. Enjoy beaches, salmon fishing, scenic hiking trails and relaxing on the famous river. Margaree has become a focal point for the arts, drawing visual artists, musicians, writers and crafters from around the world.

## Pleasant Bay

Pleasant Bay lies on the shore of the Gulf of St. Lawrence in Northern Cape Breton. Known as the whale watching capital of Cape Breton, this community marks the centre of the Cabot Trail. Highlights of the region include the Whale Interpretive Centre and MacIntosh Brook Trail.



Whale watching, Pleasant Bay



Cape Breton Highlands National Park, the first national park designated in Atlantic Canada, is one of the most visited and loved regions in Canada. The Cabot Trail, a world-famous scenic highway, runs along parts of the coastal borders on both sides of the park and crosses the highlands.

## Cape Breton Highlands National Park

Scenic look-off spots are located throughout the park and offer incredible ocean and mountain views. Depending on your interests, you may want to explore the park during certain seasons.

Experience remarkable hiking all year long where you can see a diverse mix of boreal and temperate species not found elsewhere in Canada. Fall hiking presents spectacular foliage.

The park is a birder's paradise. Spring and early summer provide optimal viewing opportunities.

The best time for cycling is summer and fall. Ocean temperatures warm up by July and start to cool off in September, so beach activities are best during summer.

Snowshoeing and skiing in the park can be a once-in-a-lifetime experience; valleys and plateaus become veritable winter wonderlands.

Colourful artisan shops, oceanside seafood restaurants, an amazing array of accommodations and camping, and outdoor adventure opportunities are found throughout the park and are waiting for you!



Warren Lake



Mkwesagtuk (Cap-Rouge)



Biking at sunset



Hiking at Franey Mountain



# Connect with our Healthcare Navigator

Have questions about the Inverness County communities?  
Our Healthcare Navigator, Ocean Phi Long Le, is here to help answer questions about anything and everything community related. He can connect you with Nova Scotia Health Recruitment Consultants and medical staff and support you as you explore opportunities to work in healthcare in Inverness County.



## **Ocean Phi Long Le**

Healthcare Navigator  
Culture & Community Development  
Municipality of Inverness County  
[ocean.le@invernesscounty.ca](mailto:ocean.le@invernesscounty.ca)  
1-902-258-0057

