

January 2026

Recreation programming

Seniors

Programming Schedule

For more information on seniors programming, reach out to Anna Solomon at Anna.Solomon@invernesscounty.ca.

Crib Plays

with Mill Road Social Enterprises

Friendly weekly cribbage get-together where community members can drop in, play a few hands, and enjoy social time in a relaxed setting. All experience levels welcome.

Thursdays | Royal Canadian Legion Basement | Inverness | 1:00 – 3:00 p.m. | Drop-in
No cost

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Craft Social

Enjoy a relaxing afternoon of crafting and community. Hosted in partnership with Cape Breton University's Centre for Healthy Aging

Thursday, January 8 | Judique Community Centre
1:00 – 2:30 p.m. | Drop-in
No cost

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Escape Room

Dust off your puzzle skills and come for a morning of fun, lighthearted connection building, laughter, and group problem solving.

Designed for seniors, this team-based puzzle game will have participants working together to solve clues and “escape” in a set time.

Wednesday, January 21 | Mabou Seniors Club
10:00 a.m. – 1:00 p.m. | No cost

Reach out to Jason Calder to register:
jason.calder@invernesscounty.ca | 902-258-7232

Winter Rec

Events

Snowshoeing & cross-country skiing are excellent winter recreation activities! Suitable for all experience levels, both activities are great opportunities to get outside and explore local trails and exercise!

The recreation & community wellness department has both snowshoes & cross-country skis available for rent for \$2/ day or \$10/ week.

Rental details are on the final page of this flyer.

Full Moon Guided Snowshoe

Enjoy the beauty of winter in Judique with this guided recreational snowshoe. No prior experience necessary. Get outside and enjoy the winter scenery with neighbours!

Saturday, January 3 | Storytellers Gallery, Judique
7:00 p.m. | No cost | No registration
Contact Emery.Ferraro@invernesscounty.ca for snowshoe rentals.

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Try It: Snowshoe & Cross-Country Ski

Ski Margaree Trails Society

Winter Active Event

Join a cross-country ski ambassador for tips & fun activities in the morning, followed by a guided ski.

Saturday, January 24 (storm date January 25)
Cranton Cross Road Community Centre | All ages
10:00 a.m. – 2:00 p.m.

For registration, cost, and equipment loan, contact the Ski Margaree Trails Society.

Facebook: [Ski Margaree Trails Society](#)
email: skimargareetrails@gmail.com

See the Winter 2026 edition of *The Participaper* for the full Winter Event Guide

Adult

Programming Schedule

For more information or to register for community programming, visit playfinder.ca, or call the Inverness County Recreation & Community Wellness Department at 902-787-3508.

Ecole NDA	Monday	Walking Group	7:00 - 8:30 p.m.
	Tuesday	Pickleball	6:30 - 8:30 p.m.
	Wednesday	Badminton	7:00 - 8:30 p.m.
CBHA	Thursday	Soccer	7:00 - 9:00 p.m.
IECA	Monday	Pickleball	7:30 - 9:00 p.m.
	Wednesday	Pickleball	7:30 - 9:00 p.m.
	Thursday	Basketball	7:30 - 9:00 p.m.
WEC	Tuesday	Pickleball	7:00 - 8:30 p.m.
	Thursday	Badminton	6:30 - 8:00 p.m.
	Friday	Ultimate Frisbee	6:30 - 8:00 p.m.
Dalbrae	Wednesday	Soccer	7:00 - 9:00 p.m.
Bayview	Monday	Pickleball	7:00 - 8:30 p.m.
	Tuesday	Volleyball	7:00 - 8:30 p.m.
	Wednesday	Pickleball	7:00 - 8:30 p.m.

Please note: activities will not take place when schools are closed due to holidays or school functions.

Youth

Indoor Soccer

Tuesdays | 6:00 - 7:00 p.m.
Bayview Education Centre Gym

Ages 10 -14 | Fee: \$20 | registration at playfinder.ca

Come scrimmage for an hour with new teams each week. Appropriate footwear is required. Participants are invited to register at any time throughout the season.

For more information on youth recreation programs, contact Krista MacInnis at 902-258-5930 or krista.macinnis@invernesscounty.ca

Calling Book Lovers!

The recreation & community wellness crew are exploring an idea to start a **community book club**.

The idea is to create a welcoming, relaxed space for readers of all ages to come together, share perspectives, and enjoy conversations over a good book.

Whether you're an avid reader or you're just looking for a reason to pick a book up again, this is for you!

Intrigued yet? We want to hear from you! Fill out the form linked below and weigh in on meeting times, ideas, genres, and more. Your interest will help shape what a book club would look like!

[Sign up here!](#)

Skate

Schedules

Al MacInnis Sports Centre

Port Hood

45 Wharf Road

902-787-3210

porthood.rinkbook.ca

Senior Skate

Tuesdays 10:00 a.m. – 12:00 p.m.

Family Free Skate

Sundays *times vary. Check online for schedule.*

Mabou Athletic Centre

Mabou

186 Mabou Harbour Road

902-945-2378

mabou.rinkbook.ca

Family Skate

Sundays 5:30 – 7:00 p.m.

Open Skate

Monday 3:30 – 5:00 p.m.



Dr. Bernie Recreation & Cultural Centre Inverness

59 Forest Street

902-258-2712

inverness.rinkbook.ca

Adult Skate

Tuesdays/Thursdays 2:00 – 3:00 p.m.

Parent & Tot Skate

Tuesdays/Thursdays 3:00 – 4:00 p.m.

Family Skate

Saturdays/Sundays 6:00 – 7:00 p.m.

Cabot Trail Arena Chéticamp

15582 Cabot Trail

902-224-3337

cheticamp.rinkbook.ca

Adult Skate

Thursdays 1:00 – 2:00 p.m.

Family Skate

Saturdays 6:00 – 7:00 p.m.

Sundays 3:00 – 4:00 p.m.

Family Disco Skate

Saturdays 7:00 – 8:00 p.m.

For full arena schedules or more information, please contact the arenas directly.

Winter Recreation Equipment Rental

Cross country skis and snowshoes are available for \$2/day or \$10 for a full week.

**Equipment is available at the Recreation & Community Wellness Office at
86 High Rd., Port Hood.
Email recreation@invernesscounty.ca to book.**