

February 2026

Recreation programming

Municipality of
**Inverness
County** 



Adult

Programming Schedule

For more information on adult programming, reach out to Jason Calder at jason.calder@invernesscounty.ca

Beginner Pickleball

Try It!

Come and try out North America's fastest growing sport in a fun and friendly environment. Designed for new players and absolute beginners who want to try out pickleball.

Thursday, February 5 | 7:00 - 8:30 p.m.
Bayview Education Centre | Port Hood
Drop-in | No cost | Equipment provided

Seniors Snowshoeing

Enjoy an afternoon outdoors with neighbours. Hosted in partnership with Cape Breton University's Centre for Healthy Aging.

Thursday, February 12 | Thursday, February 26
1:00 - 3:00 p.m. | Meet at Judique Community Centre
No cost | No registration required

For more information on seniors programming, reach out to Anna.Solomon@invernesscounty.ca.

Seniors Crib Plays with Mill Road Social Enterprises

Friendly weekly cribbage get-together where community members can drop in, play a few hands, and enjoy social time in a relaxed setting. All experience levels welcome.

Thursdays | Royal Canadian Legion Basement | Inverness | 1:00 - 3:00 p.m. | Drop-in
No cost

Adult Game Nights

Play board games, escape rooms, who done its, murder mysteries and more! Come yourself or bring a friend.

Hillsborough-Glendyre Hall | 6:30 - 8:30 p.m.
Every second Thursday starting February 12
Drop in | No cost

Escape Room

Winter Edition

The brain-challenging fun continues in the next installment of our Escape Room series! Participants must solve a series of riddles to conquer the quest.

Each session lasts about 60 minutes. Groups of 3-6 recommended.

Thursday, February 19 | 6:00 - 9:00 p.m.
Whycocomagh Waterfront Centre | No cost
Registration required

Reach out to Jason Calder to register:
jason.calder@invernesscounty.ca | 902-258-7232

Tai Chi Cape Breton

Proudly Supported By



Tai Chi Cape Breton offers inclusive, gentle movement classes for all levels and abilities, supporting daily wellness through Tai Chi, Sabre, and Lok Hup practices.

Adults and Seniors of all experience levels are welcome | \$65 for a four month Tai Chi Cape Breton Club membership.

Mondays | Hillsborough | 9:00 - 10:30 a.m.
Hillsborough-Glendyre Hall (4738 Hwy 252, Mabou)

Wednesdays | Inverness | 9:00 - 11:00 a.m.
Inverary Manor Music Room (72 Maple St., Inverness)

Thursdays | Creignish | 11:45 a.m. - 1:15 p.m.
Creignish Recreation Centre (2123 Hwy 19, Creignish)

Contact info@greenwellcenter.com to register.

Get Outside!

Winter Recreation Events

Full Moon Snowshoe

Take in the full moon in Judique! Spend the evening snowshoeing along the Celtic Shores Trail and then gather back at the Storytellers Gallery to warm up with some hot drinks.

Sunday, February 1 | Storytellers Gallery, Judique
7:00 - 9:00 p.m. | No cost | No registration

Bring snowshoes if you have them, or contact Emery.Ferraro@invernesscounty.ca in advance to borrow a pair.

Please bring a headlamp or a flashlight.

Fèis Fuar

Lantern Light Walk & Bonfire

Celebrate winter in Mabou with a lantern-lit walk along the Mabou Rivers Trail followed by a bonfire on the marina.

Saturday, February 7 (storm date February 8)
Mabou Marina | 6:00 - 8:00 p.m.
No cost | No advanced registration

Please bring a headlamp or flashlight.



Winter Wanderers Guided Snowshoe Series

Join us for these fun and refreshing snowshoeing events and enjoy the beauty of winter in our communities! The guided, recreational outings are a great way to get outside, stay active and explore local trails at a relaxed pace.

No prior experience needed and snowshoes will be provided. Whether you're looking to try something new or you're a seasoned snowshoer, all are welcome!

Wednesdays through February | 1:00 - 2:00 p.m.
No cost | No advanced registration

February 4: West Mabou

Meet at the trailhead at the corner of Little Mabou Rd. and Highway 19

February 11: Salmon Pools Trail

Meet at the trailhead at the Cape Breton Highlands National Park Visitor Centre | 16654 Cabot Trail, Chéticamp

February 18: Whycomomagh

Meet at the trailhead in the provincial park | 89 Provincial Park Rd., Whycomomagh

February 25: Deepdale Trestle

Meet at the trailhead near 74 Lower Railway Rd., Inverness

For more information, contact
Anna.Solomon@invernesscounty.ca.

Have your say!

The Feedback Loop: Winter Recreation Programming

Do you enjoy our winter recreation programming?
Have ideas on how to improve? We want to hear from you!

Click the [link](#) or use the QR Code below to take this month's survey and learn more about The Feedback Loop! The survey closes Wednesday, February 18.



Adult

Sport Schedule

For more information or to register for community programming, visit playfinder.ca, or call the Inverness County Recreation & Community Wellness Department at 902-787-3508.

Ecole NDA	Monday	Walking Group	7:00 - 8:30 p.m.
	Tuesday	Pickleball	6:30 - 8:30 p.m.
	Wednesday	Badminton	7:00 - 8:30 p.m.
CBHA*	Thursday	Soccer	7:00 - 9:00 p.m.
Inverness Education Centre / Academy	Monday	Pickleball	7:30 - 9:00 p.m.
	Wednesday	Pickleball	7:30 - 9:00 p.m.
	Thursday	Basketball	7:30 - 9:00 p.m.
Whycocomagh Education Centre	Tuesday	Pickleball	7:00 - 8:30 p.m.
	Thursday	Badminton	6:30 - 8:00 p.m.
	Friday	Ultimate Frisbee	6:30 - 8:00 p.m.
Dalbrae	Wednesday	Soccer	7:00 - 9:00 p.m.
Bayview	Monday	Pickleball	7:00 - 8:30 p.m.
	Tuesday	Volleyball	7:00 - 8:30 p.m.
	Wednesday	Pickleball	7:00 - 8:30 p.m.

Please note: activities will not take place when schools are closed due to holidays or school functions.

*CBHA- Cape Breton Highlands Academy

Youth

Indoor Soccer

Tuesdays | 6:00 - 7:00 p.m.
Bayview Education Centre Gym

Ages 10 -14 | Fee: \$20 | registration at playfinder.ca

Come scrimmage for an hour with new teams each week. Appropriate footwear is required. Participants are invited to register at any time throughout the season.

For more information on youth recreation programs, contact Krista MacInnis at 902-258-5930 or krista.macinnis@invernesscounty.ca

Calling Book Lovers!

The recreation & community wellness crew are exploring an idea to start a **community book club**.

The idea is to create a welcoming, relaxed space for readers of all ages to come together, share perspectives, and enjoy conversations over a good book.

Whether you're an avid reader or you're just looking for a reason to pick a book up again, this is for you!

Intrigued yet? We want to hear from you! Fill out the form linked below and weigh in on meeting times, ideas, genres, and more. Your interest will help shape what a book club would look like!

[Sign up here!](#)

Skate

Schedules

Al MacInnis Sports Centre

Port Hood

45 Wharf Road
902-787-3210

porthood.rinkbook.ca

Senior Skate

Tuesdays 10:00 a.m. – 12:00 p.m.

Family Free Skate

Sundays *times vary. Check online for schedule.*

Mabou Athletic Centre

Mabou

186 Mabou Harbour Road
902-945-2378

mabou.rinkbook.ca

Family Skate

Sundays 5:30 – 7:00 p.m.

Open Skate

Monday 3:30 – 5:00 p.m.



Dr. Bernie Recreation & Cultural Centre Inverness

59 Forest Street

902-258-2712

inverness.rinkbook.ca

Adult Skate

Tuesdays/Thursdays 2:00 – 3:00 p.m.

Parent & Tot Skate

Tuesdays/Thursdays 3:00 – 4:00 p.m.

Family Skate

Saturdays/Sundays 6:00 – 7:00 p.m.

Cabot Trail Arena Chéticamp

15582 Cabot Trail

902-224-3337

cheticamp.rinkbook.ca

Adult Skate

Thursdays 1:00 – 2:00 p.m.

Family Skate

Saturdays 6:00 – 7:00 p.m.

Sundays 3:00 – 4:00 p.m.

Family Disco Skate

Saturdays 7:00 – 8:00 p.m.

For full arena schedules or more information, please contact the arenas directly.

Winter Active

Proudly Supported By

Municipality of
**Inverness
County** 

February Events

Each year, the recreation & community wellness department supports community organizations hosting programs designed to bring communities together through Winter Active funding.

For full details on the Winter Active events, see the Winter Events guide in the Winter 2026 edition of *The Participaper* or visit invernesscounty.ca.

Winter Games

L'Arche Cape Breton

February 9 - 13 | 3 L'Arche Ln., Orangedale

For more, see L'Arche's [Facebook](#) page.

Winterlude 2026

Whycocomagh Waterfront Centre
Association

February 10 -14 | 9650 Hwy 105, Whycocomagh

See the centre's [Facebook](#) for more detail!

Cold Hands, Warm Hearts

The Inverness Women's Group
Society

February 13 - 16 | Inverness

See the society's [Facebook](#) for a full schedule.

La magie de l'hiver - Festival Chocolat Chaud

La Société Saint-Pierre

February 13 -15 | Chéticamp/St. Joseph Du Moine

More details [here](#).

Valentines Snowshoe

Creignish Recreation Centre

February 14 | 10:00 a.m. | 2061 Hwy 19, Creignish

More details [here](#).

Winter Family Fun Day

Glendale Area Community

Cooperative Ltd.

February 16 | 1:00 - 3:00 p.m. | 4248 Hwy 105, Glendale

More details [here](#).

Winterfest 2026

Cranton Cross Road Community Centre

February 16 | 3:00 p.m. | 206 Cranton Cross Rd.,

Margaree

More details [here](#).

Get Active Bingo

Are you getting active this winter? Play the bingo card below and enter to win a prize!

How to Play

- Print the card below or find the image version on our Facebook page to download to a phone
- Complete one line in any direction and be entered to win a prize.
- Submit your completed card to the Recreation & Community Wellness team by emailing recreation@invernesscounty.ca

Deadline to submit: February 27, 2026

Draw date: March 6, 2026

Earn Extra Entries

Want an extra chance to win a prize? Snap a photo of you completing the activities and submit with your card!

Each extra line completed will also earn you an extra entry.

Get Active Bingo

B	I	N	G	O
Take the winter recreation survey	Build a snowman	Attend a family skate	Ski, walk, or snowshoe a local trail	Build a snowman
Take a winter beach walk	Snap a winter picture	Help a neighbour shovel	Sip a hot chocolate	Go sledding
Help a neighbour shovel	Rent cross country skis		Support a local sports team	Go to your local library
Go ice fishing	Make a snow angel	Rent snowshoes	Get outside with friends	Enjoy a snow mobile ride
Build a snow fort	Attend a municipal event	Take a winter selfie	Support a local cultural event	Volunteer!

Winter Recreation Equipment Rental

Cross country skis and snowshoes are available for \$2/day or \$10 for a full week.

**Equipment is available at the Recreation & Community Wellness Office at
86 High Rd., Port Hood.
Email recreation@invernesscounty.ca to book.**