

April 2026

Recreation programming

Municipality of
**Inverness
County** 



Adult

Programming Schedule

For more information on adult programming, reach out to jason.calder@invernesscounty.ca

Beginner Pickleball

Try It!

Come and try out North America's fastest growing sport in a fun and friendly environment. Designed for new players and absolute beginners who want to try out pickleball.

Thursday, April 16 | 7:00 - 8:30 p.m.
Bayview Education Centre | Port Hood
Drop-in | No cost | Equipment provided

Drop-in Game Nights

Play board games, escape rooms, who done its, murder mysteries and more! Come yourself or bring a friend.

Hillsborough-Glendyre Hall | 6:30 - 8:30 p.m.
Every second Thursday | April 9, April 23
Drop in | No cost

Tai Chi Cape Breton



Tai Chi Cape Breton offers inclusive, gentle movement classes for all levels and abilities, supporting daily wellness through Tai Chi, Sabre, and Lok Hup practices.

Adults and Seniors of all experience levels are welcome | \$65 for a four month Tai Chi Cape Breton Club membership.

Mondays | Hillsborough | 9:00 - 10:30 a.m.
Hillsborough-Glendyre Hall (4738 Hwy 252, Mabou)

Wednesdays | Inverness | 9:00 - 11:00 a.m.
Inverary Manor Music Room (72 Maple St., Inverness)

Thursdays | Creignish | 11:45 a.m. - 1:15 p.m.
Creignish Recreation Centre (2123 Hwy 19, Creignish)

Contact info@greenwellcenter.com to register.

Book Club

Inverness County Book Club Launch

Join us for the Inverness County Book Club kickoff event in Mabou, with a virtual option for all registrants. This first gathering is a chance to meet fellow readers, learn how the club will run, and share what you hope to get out of the experience. Together, we'll explore genre ideas for the year ahead—and maybe even name the club! Snacks will be provided.

Wednesday, April 15 | Mabou Gaelic & Historical Society (An Drochaid). Virtual option available.
6:00 - 7:00 p.m. | Ages 14+
No cost | Register on [PlayFinder.ca](https://www.playfinder.ca)

May Book Club Details

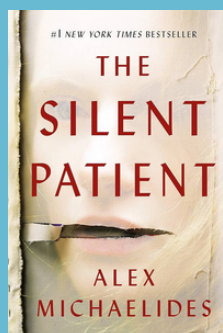
The Inverness County Book Club will take place monthly, rotating between four locations—Mabou, Inverness, Whycocomagh, and Chéticamp.

Attend one session per month, whichever is most convenient for you.

The first Book Club pick is *The Silent Patient* by Alex Michaelides.

- An Drochaid, Mabou: May 7 | 6:00 - 7:00 p.m.
- The Dancing Goat Cafe & Bakery, Inverness: May 14 | 6:00 - 7:00 p.m.
- Whycocomagh Public Library: May 21 | 6:00 - 7:00 p.m.
- Chéticamp Public Library: May 28 | 10:00 - 11:00 a.m.

Please come ready to discuss the book!
Ages 14+ | No cost | Drop-in



Seniors

Programming Schedule

Throwback Movie Night

Welcome to 1942! Get dressed up in your 1940s fashion and enjoy a showing of Casablanca. You're welcome to bring your own snacks! Entry includes popcorn and refreshments.

Friday, April 17 | 8:00 - 10:00 p.m.
Hillsborough Hall | No registration required | Cost: \$5

For more information, reach out to anna.solomon@invernesscounty.ca or jason.calder@invernesscounty.ca.

Seniors Crib Plays

Friendly weekly cribbage get-together where community members can drop in, play a few hands, and enjoy social time in a relaxed setting. All experience levels welcome.

Thursdays | Royal Canadian Legion Basement | Inverness
1:00 - 3:00 p.m. | Drop-in | No cost

Seniors Walking Group

Enjoy an afternoon outdoors with neighbours. Hosted in partnership with Cape Breton University's Centre for Healthy Aging.

Thursday, April 9 | Thursday, April 23
1:00 - 2:00 p.m. | Meet at Judique Community Centre
No cost | No registration required
For more information on seniors programming, reach out to Anna.Solomon@invernesscounty.ca.

Annual Inverness County Crib Tournament

It is time for the 2026 Crib Tournament - Inverness County's final crib tournament of the season!

A winner and a runner up team are sent from each of the community tournaments TO gather for a fun social day. A final overall winner is crowned in two divisions.

Saturday, April 25 | 10:00 a.m. - 5:30 p.m. |
Lake Ainslie Fire Hall, Scotsville

Youth & Family Programming

PlayIRL

Indoor semi-structured play for kids to get them off their screens! Different play stations will be available for physical games, board games, nature play and more!

Saturday, April 11 | Youth up to 14
Whycocomagh Education Centre | 1:00 - 5:00 p.m.
playfinder.ca to register | No cost

For more information, reach out to kirsta.macinnis@invernesscounty.ca

Art in the Afternoon

A fun and creative program where participants can explore painting and other art activities in a relaxed setting.

Parents are encouraged to send children with an old t-shirt to protect clothing from materials (acrylics).

Mondays for six weeks starting April 13 | Ages 7 - 9
Bayview Education Centre | 2:45 - 4:00 p.m.
playfinder.ca to register | \$25

For more information, reach out to krista.macinnis@invernesscounty.ca

Drop-in Basketball

Drop in to Inverness each week for 3v3 scrimmage play in a fun, relaxed environment.

Tuesdays | 7:30 - 8:30 p.m. | Adults and teens 14+
Inverness Education Centre Academy | playfinder.ca
No cost

For more information, reach out to krista.macinnis@invernesscounty.ca

Jr. NBA

Returning this season is a seven week instructional program designed to develop basketball skills through skills stations and mini games.

Inverness

Fridays starting May 1 | 5:00 - 6:00 p.m. (Ages 5-8)
Inverness Education Centre Academy | playfinder.ca to register | Cost: \$65 | Registration closes April 10

Port Hood

Wednesdays starting May 6 | 5:00 - 6:00 p.m. (ages 7-8) | 6:00 - 7:00 p.m. (ages 9-10)
Bayview Education Centre | playfinder.ca to register | Cost: \$65 | Registration closes April 15

For more information, reach out to krista.macinnis@invernesscounty.ca

Get Active Ball Hockey

The Get Active Ball Hockey League is back for year four in Port Hood, Inverness and Chéticamp! Registration is open April 10 - 24.

Ages 7 - 14 | \$40

Port Hood - Mondays starting May 11

Al MacInnis Sports Centre
5:15 - 6:15 p.m., 6:30 - 7:30 p.m.

Chéticamp - Wednesdays starting May 13

Cabot Trail Arena
6:30 - 7:30 p.m.

Inverness - Thursdays starting May 14

Dr. Bernie MacLean Cultural & Recreation Centre
5:30 - 6:30 p.m.

Each child needs a helmet with full face mask, stick, and sneakers. Children are welcome to wear additional equipment if desired. Goaltender equipment provided.

For more information, reach out to krista.macinnis@invernesscounty.ca

Adult Sport Schedule

For more information or to register for community programming, visit playfinder.ca, or call the Inverness County Recreation & Community Wellness Department at 902-787-3508.

Ecole NDA	Monday	Walking Group	7:00 - 8:30 p.m.
	Tuesday	Pickleball	6:30 - 8:30 p.m.
	Wednesday	Badminton	7:00 - 8:30 p.m.
CBHA*	Thursday	Soccer	7:00 - 9:00 p.m.
Inverness Education Centre / Academy	Monday	Pickleball	7:30 - 9:00 p.m.
	Wednesday	Pickleball	7:30 - 9:00 p.m.
	Thursday	Basketball	7:30 - 9:00 p.m.
Whycocomagh Education Centre	Tuesday	Pickleball	7:00 - 8:30 p.m.
	Thursday	Badminton	6:30 - 8:00 p.m.
	Friday	Ultimate Frisbee	6:30 - 8:00 p.m.
Dalbrae	Wednesday	Soccer	7:00 - 9:00 p.m.
Bayview	Monday	Pickleball	7:00 - 8:30 p.m.
	Tuesday	Volleyball	7:00 - 8:30 p.m.
	Wednesday	Pickleball	7:00 - 8:30 p.m.

Please note: activities will not take place when schools are closed due to holidays or school functions.

*CBHA- Cape Breton Highlands Academy

Spring Skating

Al MacInnis Sports Centre Port Hood

45 Wharf Road

902-787-3210

porthood.rinkbook.ca

Family Free Skate

Sundays *times vary. Check online for schedule.*

For full arena schedule or more information, please contact the arena directly.

Sensory Skates

This dedicated ice time provides a low-stimulus environment for youth and individuals with sensory needs.

Designed to give everyone a sense of confidence and belonging on the ice.

Tuesday, April 14 | Tuesday, April 21
11:00 a.m. - 12:00 p.m. | Al MacInnis Sports Centre
No cost

For more information, reach out to krista.macinnis@invernesscounty.ca or anna.solomon@invernesscounty.ca

Have your say!

The Feedback Loop: Summer Recreation Programming
Click the [link](#) or use the QR Code below to take this month's survey and learn more about The Feedback Loop! The survey closes Wednesday, April 15.



One Bag Challenge



How to participate:

- Pick up a litter kit at a participating Canada Post or library locations throughout the municipality. [Click here](#) for a detailed list.
- Collect one bag of litter from anywhere in the municipality.
- Take a picture of the bag and email it with the location the litter was collected to waste@invernesscounty.ca.

Each litter kit includes gloves, bags, and everything needed to get started.

For each bag of litter collected, participants will earn one entry for a chance to win a \$50 gift card to their local grocery store.