

Inverness County



Summer Recreation Guide



Municipality of
**Inverness
County** 
PLAY & FINDER

Summer Adventure 4 Day Camps

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invernesscounty.ca

Ages 5-10

For more info contact:
Recreation and Community Wellness
902-258-5930
Krista.MacInnis@invernesscounty.ca

Join Get Active's Summer Adventure Camps for a mix of sports, outdoor play, arts and crafts, and hands-on STEM activities, allowing children to explore, be creative, and stay active in a fun and supportive environment. Each camper should dress for the weather, apply sunscreen and bug spray, and bring a water bottle. If your child requires additional accommodations, please contact us. **Pre-registration and payment is required.**

Community	Location	Time	Dates	Fee
Creignish	Creignish Recreation Centre	9:00 a.m.-3:00 p.m.	July 6-9	\$125
Margaree	Cranton Crossing	9:00 a.m.-3:00 p.m.	July 13-16	\$125



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Community	Location	Dates	Fee (Per Day)
Orangedale	Orangedale Smith Community Centre	July 13, 14	\$25
Chéticamp	École NDA	July 20, 21 August 17, 18	\$25
Terre Noire	Cape Breton Highlands Academy	August 19, 20	\$25



Summer Adventure Half-Day Camps

Ages 5-10

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Community	Location	Time	Dates	Fee (Per Day)
Whycocomagh	Whycocomagh Library	9:00 a.m.-12:00 p.m.	July 6, 15	no fee
Port Hood	Bayview Education Centre	9:00 a.m.-12:00 p.m.	July 27, 28	\$10
Judique	Judique Recreation Association	9:00 a.m.-12:00 p.m.	August 4, 5	\$10



Lizzi's Loop Adventures

For more info contact:
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Bayview Education Centre 9:30 a.m.–11:00 a.m. Ages 4 – 6



Join Lizzi's Loop Adventure Camp with the Get Active Recreation team for a one km adventure filled with crafts and activities. Campers can be dropped off at 9:30 a.m.; registration is preferred. Each camper should dress for the weather, apply sunscreen and bug spray, and bring a water bottle. There is no cost for this program. Pre-registration is preferred. If your child requires additional accommodations, please contact us.



Date	Theme
Wednesday, July 8	Space Day
Thursday, July 9	Pirates & Princesses
Friday, July 10	Zoo Keeper Day



Girls Volleyball

Tuesday & Thursdays, July 21 – Aug 25

Ages 9–12



Jumpstart

Giving kids a sporting chance.

Register to join Get Active's girls Volleyball program, a recreational program that provides participants with the opportunity to learn and practice volleyball skills through drills, mini-games, and organized gameplay. Program is \$30 and will take place from 9:30 a.m. – 11:30 a.m.



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Game On!



Monday & Wednesday, July 6 – Aug 17

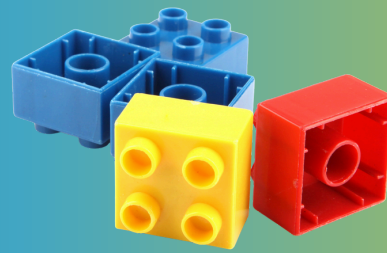
Community	Inverness
Location	Inverness Multicourt
Time	9:30 a.m.–11:30 a.m.
Ages	7–11

Game on! by the Get Active Recreation Team is a recreational program that combines low-organized games with instruction-based practices, skill development activities, and baseball gameplay. Participants will learn and improve fundamental baseball skills through drills, team activities, and games while staying active, building confidence, and developing teamwork in a fun and supportive environment.

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Get Creative



St. Stephen's United Hall

Ages 6-12



Location	Date	Time
Port Hood	Thursdays July 16-August 20	9:00 a.m.-11:00 a.m.

Join Get Creative! an upbeat and welcoming space with the Get Active Recreation team! With fun and exciting crafts, dance, LEGO, and stem activities every week, there's always something exciting to learn and create. Pre-register or drop in anytime!



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Beach Teen Tournaments

For more info contact:
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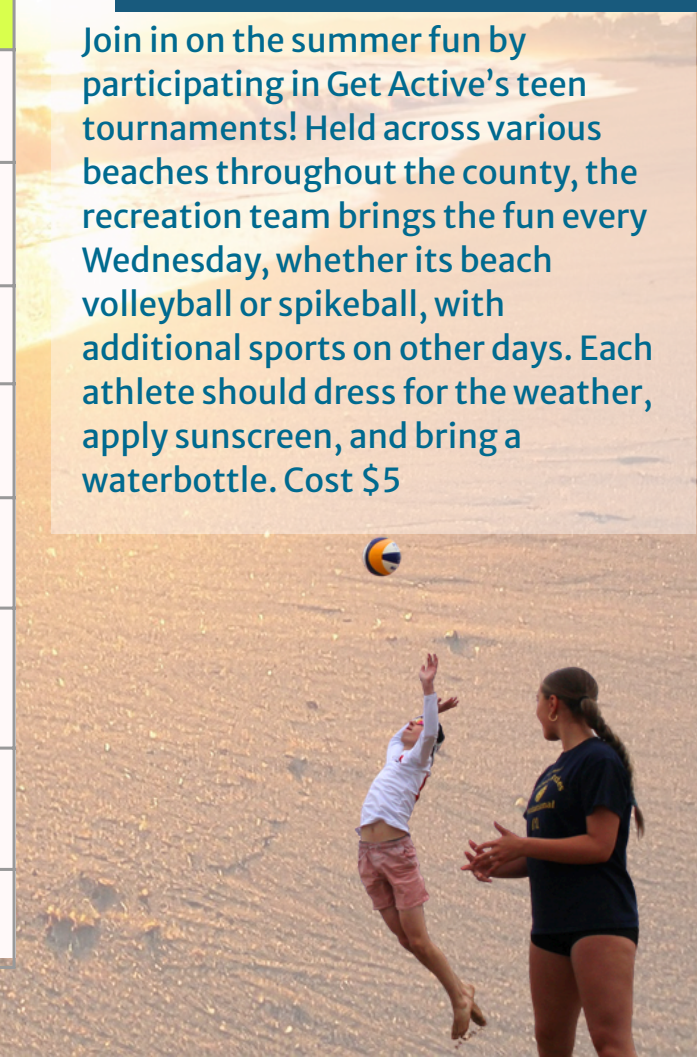
Wednesdays, July 8 – August 12

Ages 13–17

Tournament	Location	Time	Date
Spike Ball	Sunset Beach, Port Hood	12:30 p.m.	July 8
Volleyball	Sunset Beach, Port Hood	12:30 p.m.	July 15
Volleyball	Inverness Beach, Inverness	12:30 p.m.	July 22
Volleyball	Sunset Beach, Port Hood	12:30 p.m.	July 29
Spikeball	Sunset Beach, Port Hood	12:30 p.m.	July 30
Volleyball	Chéticamp Island Beach, Chéticamp	1:00 p.m.	August 5
Spikeball	Inverness Beach, Inverness	12:30 p.m.	August 12
Volleyball	Margaree Harbour Beach	1:00 p.m.	August 19

Pre-registration preferred

Join in on the summer fun by participating in Get Active's teen tournaments! Held across various beaches throughout the county, the recreation team brings the fun every Wednesday, whether its beach volleyball or spikeball, with additional sports on other days. Each athlete should dress for the weather, apply sunscreen, and bring a waterbottle. Cost \$5



Beach Box Activities

The Get Active team is coming to beaches all over Inverness County this summer, thanks to funding from Free to Play. Activities will include beach flags, frisbee, volleyball, sandcastles, and more. The goal of the program is to reduce barriers, create community and have fun!



Multicourt Teen Tournaments

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Fridays, July 3 – August 21

Ages 13+

Tournaments

Pickleball

Basketball

Ball Hockey

Ping Pong

Pre-registration preferred

Join in on the summer fun by participating in Get Active's teen tournaments! Held at the Inverness Multicourt, the recreation team brings the fun every Friday by setting up tournament-style sports and games. Each athlete should dress for the weather, apply sunscreen, and bring a water bottle. Drop in anytime!

Multicourt address: 85 MacLean St. Inverness



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Multicourt 3 v 3 Basketball

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Wednesdays, June 30 – August 26

Ages 10–14

Join in on some fun, easy-going 3 vs 3 Pick-Up Basketball! In this recreational basketball program, participants take part in organized, small-sided basketball games in a fun and supportive environment. Each athlete should dress for the weather, apply sunscreen, and bring a water bottle. Pre-registration is preferred.
85 MacLean St. Inverness



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Inverness Multicourt

85 MacLean St., Inverness

Program	Dates	Time	Ages
3v3 Basketball	Wednesdays, June 30–August 26	9:30 a.m.	10–14
Game on!	Mondays and Wednesdays July 6–August 17	9:30 a.m.–11:30 a.m.	7–11
Teen Touraments	Fridays, July 3–August 21	10:30 a.m.	13+
Girls Volleyball Camp (IECA Gymnasium)	Tuesdays & Thursdays, July 21–August 25	9:30 a.m.– 11:30 a.m.	9–12

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Overview

Get Active Inverness County Summer '26



Programming goals: The Get Active team continues to grow and evolve to meet the needs of our residents. Through feedback from families we were able to develop our programming to reduce barriers and ensure each child has a meaningful way to participate.

Registration process: For families new to our programming, a parent or guardian is to create an account and subsequently add each child to their account. Registering online allows our team to plan accordingly based on numbers, demographics and accommodate any allergies or additional needs.

Accommodation: If you or your child require accommodations to participate in our programming such as equipment, or support please contact Krista MacInnis (902)-258-5930.

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Location Legend

Location	Community	Address
École NDA	Chéticamp	15118 Cabot Trail Rd., Chéticamp, Nova Scotia
La club des retraités de Chéticamp	Chéticamp	15108 Cabot Trail, Chéticamp, Nova Scotia
Creignish Recreation Centre/ Ball Field	Creignish	2123 Hwy 19, Creignish NS
Inverness Multi Court Facility	Inverness	85 MacLean St. Inverness, NS B0E 2W0
Inverness Education Centre/Academy	Inverness	59 Veterans Memorial Crt., Inverness NS
Inverness County Centre for the Arts	Inverness	16080 Hwy 19, Inverness NS
Inverness Beach	Inverness	158 Beach No. 1 Rd., Inverness, Nova Scotia
Ned MacDonald Memorial Ball Field	Inverness	82 Black Dimond Lane, Inverness, Nova Scotia
Judique Recreation Association	Judique	10-20 6015 Rd., Judique, Nova Scotia, B0E1P0
Dalbrae Academy	Mabou	11156 Hwy 19, Southwest Mabou, NS B0E 1X0
Cranton Crossing	Margaree	206 Cranton Cross Rd., Margaree Forks NS
Lizzi's Loop	Port Hood	133 Company Rd., Port Hood NS B0E 2W0
St. Stephen's Hall	Port Hood	239 Main St., Port Hood NS B0E 2W0
Sunset Beach	Port Hood	40 Court St., Port Hood NS B0E 2W0
Whycocomagh Library	Whycocomagh	9650 Hwy 105, Whycocomagh NS

I N V E R N E S S

GARY MACINNIS MEMORIAL BEACH VOLLEYBALL TOURNAMENT

WEDNESDAY, JULY 22, 2026

Inverness Gathering partners with the Get Active team to host an Adult Beach Volleyball Tournament.

- First 12 teams accepted
- Minimum two ladies per team
- Teen division possible depending on interest
- Fee: \$20 per team
- Teens 15+ permitted
- 12:30 p.m. team check in

