

October 2026

Recreation programming

Book Club

October Sessions

The Book Club takes place monthly in each location —Mabou, Inverness, Whycocomagh and Chéticamp. You only need to attend one session per month, whichever is most convenient for you.

Our October Book Club pick is *Mexican Gothic* by Silvia Moreno-Garcia.

- October 8 | 6:00 p.m. – 7:00 p.m.
An Drochaid, Mabou
- October 15 | 6:00 p.m. – 7:00 p.m.
Inverness Education Centre-Academy
- October 22 | 6:00 p.m. – 7:00 p.m.
Whycocomagh Public Library
- October 29 | 10:00 a.m. – 11:00 a.m.
Chéticamp Public Library

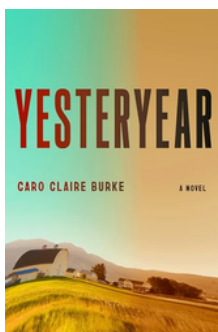
Please come ready to discuss the book!
Ages 14+ | No cost | Drop-in



November Book Club Pick

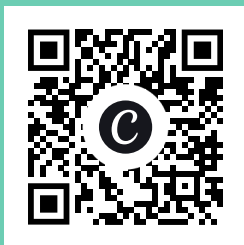
For those who want to read ahead, the November book pick is *Yesteryear* by Caro Claire Burke.

The book club is on a drop-in basis. To receive updates, including emails on voting for the next book, send your full name and email to keshi.macdonald@invernesscounty.ca



Margaree Book Club

The Book Club is growing! We're looking at setting up a club in Margaree. If you're interested, please scan the QR Code below and fill out the form to let us know!



Intergenerational Woodworking Workshop

This event brings kids and seniors together for a morning of woodworking and environmental education through birdhouse building. Join us for a memorable day of fun, learning, and skill sharing!

Saturday, October 10 | 10:00 a.m. – 12:00 p.m.
Coady & Tompkins Memorial Public Library
Margaree Forks
Free | All materials provided

Desserts + Discussion

Dessert and conversation about Nova Scotia's Human Rights Remedy.

Learn about the Human Rights Remedy, ask questions, share ideas, connect with other families and community members!

Wednesday, October 21 | 5:00 – 7:00 p.m.
The Dancing Goat Cafe & Bakery Inverness
Drop-in | No cost

Escape Room

The 150-year-old house that belonged to the famous illusionist Houdini, has become a museum. While looking around you stumble into a secret room that no one has seen for over a century and as you enter, the door shuts and locks behind. Danger is everywhere and the key to escape is hidden in the room, can you find it in time?

Mondays, from 6:00 – 9:00 p.m. | \$5/person or \$20/group. Recommended for groups of two to four people, maximum of six.

Strait Area Museum, Port Hastings | October 5
Inverness Education Centre Academy | October 12
An Drochaid, Mabou | October 19

Email Jason.Calder@invernesscounty.ca to book your timeslot.

Seniors Week

National Seniors Day is on Thursday, October 1. To celebrate, we're hosting events around Inverness County to bring seniors together. It's a great time to recognize the contributions seniors have made to Inverness County communities and showcase the journey of aging well.

Ice Cream Social

Thursday, October 1 | 1:30 – 3:30 p.m.
Mabou Seniors Club
55+ | No fee | Drop-in

Dessert Music Bingo

La Salle des Retraités, Chéticamp
Friday, October 2 | 1:30 – 3:00 p.m.
55+ | No fee | Drop-in

West Bay Road Community Centre

Tuesday, October 6
10:00 a.m. – 12:00 p.m.
55+ | No fee | Drop-in

Creignish Recreation Centre

Wednesday, October 7 | 1 – 3 p.m.
55+ | No fee | Drop-in

For more information, reach out to
Anna.Solomon@invernesscounty.ca

Partner Programming Schedule

Seniors Walking Group

A flat, slower paced walking group, designed for walkers of all abilities. Hosted in partnership with Cape Breton University's Centre for Healthy Aging.

Thursdays, October 1, 15 & 29 | 1:00 p.m. – 2:00 p.m.
Meet at Judique Community Centre
No cost | Drop-in

Chéticamp Communities and Healthy Aging Sessions

Seniors (55+) indoor rotating programming at
La Salle des Retraités

Wednesday, October 14 | 1:00 p.m. – 3:00 p.m.
Chair Yoga with Faye Chipchase
Palliative Care Presentation

Wednesday, October 28 | 1:00 p.m. – 3:00 p.m.
Chair Yoga with Faye Chipchase
Sleep Apnea Presentation

Have your say!

Have you attended a municipal recreation program or event this year? Scan the QR code below and send us your feedback!



Culture & Community Development

Event Schedule

The Culture and Community Development department works with community partners to help connect volunteers, youth, and newcomers in Inverness County.

Join them for some events in October, pick up a new skill, and connect with your community!

KAIROS Blanket Exercise

Hosted by Karen Bernard, this powerful interactive workshop builds understanding of shared land as Indigenous and non-Indigenous peoples in Canada.

Monday, October 5 | 1:00 – 4:00 p.m.

Inverness County Centre for the Arts

Registration is required. Register now at [eventbrite.ca](https://www.eventbrite.ca)

No cost | Snacks provided

What to Expect

- Walk through pre-contact history, treaty-making, colonization, and resistance.
- Deepen understanding of the historical and ongoing impacts of colonization on Indigenous peoples in Canada and the world.
- Expert Facilitator led by Karen Bernard.

Have questions? Reach out to Ocean.Le@invernesscounty.ca

Learn to Salsa!

Put on your dancing shoes and come try out salsa dancing! This beginner-friendly event will build basic salsa skills and is a great opportunity for locals and newcomers to meet.

Thursday, October 15 | 6:00 – 7:00 p.m.

Whycocomagh Waterfront Centre

No cost | Register at [PlayFinder.ca](https://www.playfinder.ca) or drop in

Click & Connect

Tech workshop for seniors and adults with diverse needs

Build confidence with smartphones, laptops, and tablets in this relaxed-paced technology workshop.

Join newcomer Lauren Tran as she helps you learn skills that will keep you connected with family and friends, manage daily tasks, avoid scams, and stay safe online.

Thursday, October 15 | 5:00 – 6:00 p.m.

Whycocomagh Waterfront Centre

No cost | Drop-in

Participants are encouraged to bring a smartphone, tablet, or laptop for hands-on practice.

Taste of Home

Connecting community through food

Food has a unique power to bridge cultures, tell stories, and make a new place feel like home.

Attendees will sample new flavors, share stories, and collaborate on a clear action plan: identifying the vegetables, herbs, and spices that carry deep cultural meaning but are difficult to source in Cape Breton, and mapping out how to grow them directly inside the local community garden

Thursday, October 15 | 7:00 – 8:00 p.m.

Whycocomagh Waterfront Centre

No cost | Drop-in

Whether you have called Inverness County home for two years or two generations, you are invited to join the conversation, taste something new, and help plant the seeds for a more connected, resilient community.

Halloween

October 22 – 26

55+ Pumpkin Carving/Painting

Join us for an afternoon of pumpkin carving and/or painting! Pumpkins and tools supplied. In partnership with CBU's Centre of Excellence for Healthy Aging

Thursday, October 22 | Judique Community Centre
1:00 p.m. – 2:30 p.m. | No cost | Drop-in

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Throwback Movie Night *The Shining*

Here's Johnny! Get into the spooky spirit with us in Hillsborough! Enjoy a classic that proves there's no such thing as a quiet night in. Bring a neighbour, wear a costume if you dare, and enjoy a little pre-Halloween fright. Costumes aren't mandatory, but they're *definitely* encouraged.

Friday, October 23 | Hillsborough-Glendyer Hall
7:00 – 9:00 p.m. | Drop-in | 16+
\$5 entry fee includes popcorn and a pop



Port Hood Community Park Fundraisers

Raise fears and funds this Halloween with these two events. All registration fees will go towards the Port Hood Community Park Capital Campaign.

Halloween Run

Lace up your sneakers, dig out a costume, and get warmed up for trick-or-treating with this Saturday morning race!

Saturday, October 24 | 9:00 a.m.
Celtic Shores Coastal Trail, Port Hood Station Trailhead

5 km Race

\$15 entry fee | Register on PlayFinder.ca

2 km Fun Run

Entry fee by donation. | No registration required

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Escape Trail Walk

Monday, October 26 | 6:00 – 9:00 p.m.
Lizzi's Loop, Bayview Education Centre, Port Hood

An evening trail walk with a puzzling twist! Join us for this unique experience that tests your problem-solving skills and courage. Follow the haunted trail and collect clues to solve the puzzle to find your way out in time.

\$5/person or \$20/group. Recommended for groups of two to four people, maximum of six.

To book your timeslot, email
Jason.Calder@invernesscounty.ca



Indoor Sports

For more information or to register for community programming, visit playfinder.ca, or call the Inverness County Recreation & Community Wellness Department at 1-866-258-0223, select option 6.

Adult

École NDA	Tuesday	Pickleball	7:00 - 8:30 p.m.
	Thursday	Pickleball	7:00 - 8:30 p.m.
Cape Breton Highlands Education Centre/Academy	Thursday	Soccer	7:00 - 9:00 p.m.
Inverness Education Centre/Academy	Monday	Pickleball	7:30 - 9:00 p.m.
	Wednesday	Pickleball	7:30 - 9:00 p.m.
	Thursday	Basketball	7:30 - 9:00 p.m.
Bayview Education Centre	Monday	Pickleball	7:00 - 8:30 p.m.
	Tuesday	Volleyball	7:00 - 8:30 p.m.
	Wednesday	Pickleball	7:00 - 8:30 p.m.

Family

Dalbrae Academy	Wednesday	13+ Soccer	7:00 - 9:00 p.m.
École NDA	Wednesday	Family Badminton	7:00 - 8:30 p.m.

Youth

Bayview Education Centre	Tuesday	Soccer (Ages 10-14)	6:00 - 7:30 p.m.
Dalbrae Academy	Monday	Volleyball (Grades 8-12)	7:00 - 9:00 p.m.

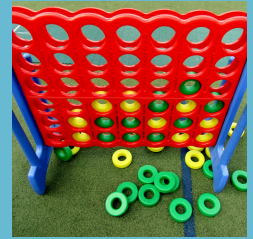
Please note: activities will not take place when schools are closed due to holidays or school functions.

If you want to facilitate a new sport program in the community, please reach out to recreation@invernesscounty.ca.

Rental Equipment



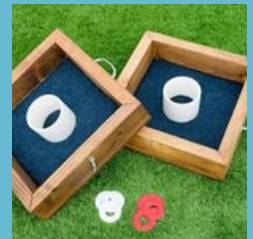
GT Off-Road Bike
Rental Fee: \$5/day or \$25/week



Giant Connect Four
Free to borrow.



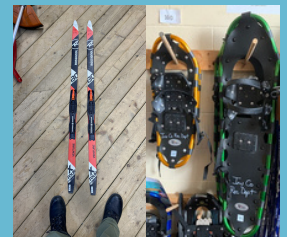
Cornhole
Free to borrow.



Washer Toss
Free to borrow.



Giant Jenga
Free to borrow.



Winter: Skis / Snowshoes
Rental Fee: \$2/day or \$10/week.

Accessible Equipment



All-Terrain Hippocampe
Free to borrow.



The "RIG"
Free to borrow.



Varna II Handcycle
Free to borrow.

Book now on [PlayFinder.ca](https://playfinder.ca)

Happening
this month!

Whycocomagh Public Library

October 2026



MONDAY
10 a.m. to 6 p.m.

TUESDAY
10 a.m. to 6 p.m.

WEDNESDAY
10 a.m. to 6 p.m.

THURSDAY
10 a.m. to 8 p.m.

FRIDAY
10 a.m. to 6 p.m.

SATURDAY
12 p.m. to 4 p.m.

*Registration required: <https://playfinder.ca>

Events are subject to change.

Check weekly schedule for updates

For more info contact:

902-631-2078 | whycocomagh@ecrl.ca



1 6 p.m.
Movie Night
STEM Activity

2 4 p.m.
Creative Minds
Senior's Games
Paintable Pals

3 1 p.m.
Author Reading:
Tom Urbanik
You Are Loved

5 11 a.m.
Story Time
Origami

6 11 a.m.
Kids Crafts
Homeschool Drop-in
Craft Social

7 3 p.m.
Home Work Club
Play Group

8 6 p.m.
Board Games
STEM Activity

9 4 p.m.
Dial-a-Story
Family Water colour

10 2 p.m.
Kite Making*
With Parks Canada

12 11 a.m.
Story Time
Origami

13 11 a.m.
Kids Crafts
Craft Social

14 3 p.m.
Home Work Club
Play Group

15 5 p.m.
Seniors & Tech
Learn to Salsa*
Cook with Spice

16 4 p.m.
Creative Minds
Senior's Games
Colour Wheel Activity

17 1 p.m.
MakeBlock Robot Kits
Recommended for ages 8 to 12

19 11 a.m.
Story Time
Origami

20 11 a.m.
Kids Crafts
Craft Social

21 3 p.m.
Home Work Club
Play Group

22 6 p.m.
Book Club
STEM Activity

23 4 p.m.
Dial-a-Story
Family Water colour

24 1 p.m.
Author Reading:
Kate Beaton
Rebecca

26 11 a.m.
Story Time
Origami

27 11 a.m.
Kids Crafts
Craft Social

28 3 p.m.
Home Work Club
Play Group

29 6 p.m.
Dungeons & Dragons
STEM Activity

30 4 p.m.
Creative Minds
Senior's Games
Paintable Pals

31 2 p.m.
Camping 101*
With Parks Canada

Happening
this month!

Whycocomagh Public Library

October 2026



MONDAY 10 a.m. to 6 p.m.	TUESDAY 10 a.m. to 6 p.m.	WEDNESDAY 10 a.m. to 6 p.m.	THURSDAY 10 a.m. to 8 p.m.	FRIDAY 10 a.m. to 6 p.m.	SATURDAY 12 p.m. to 4 p.m.
*Registration required: https://playfinder.ca Events are subject to change. Check weekly schedule for updates For more info contact: 902-631-2078 whycocomagh@ecrl.ca		October Municipality of Inverness County Book Club pick Mexican Gothic by Silvia Moreno-Garcia	1 1 p.m. STEM Activity 6 p.m. Movie Night	2 1 p.m. Senior's Games 4 p.m. Creative Minds Paintable Pals	3 1 p.m. Author Reading: Tom Urbaniak
5 11 a.m. Story Time 4 p.m. Origami	6 11 a.m. Kids Crafts 1 p.m. Homeschool Drop-in 4 p.m. Craft Social	7 12:30 p.m. Play Group 3 p.m. Home Work Club	8 1 p.m. STEM Activity 6 p.m. Board Games	9 1 p.m. Family Water colour 4 p.m. Dial-a-Story	10 2 p.m. Kite Making* With Parks Canada
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