November 2026

Recreation programming

Municipality of Inverness County

GET ACTIVE INVERNESS COUNTY

Adult
Programming

Book Club

The Book Club takes place monthly in each location—Mabou, Inverness, Whycocomagh, and Chéticamp. You only need to attend one session per month, whichever is most convenient for you.

November Sessions

Our November Book Club pick is *Yesteryear* by Caro Claire Burke.

- November 5 | 6:00 p.m - 7:00 p.m. | An Drochaid, Mabou
- November 12 | 6:00 p.m. - 7:00 p.m. | Inverness Education Centre-Academy
- November 19 | 5:00 p.m. - 6:00 p.m. Whycocomagh Public Library
- November 26 | 10:00 a.m. - 11:00 a.m. Chéticamp Public Library

Please come ready to discuss the book!
Ages 14+ | No cost | Drop-in

Read ahead for December

For those who want to read ahead, the December book pick is *Everyone This Christmas Has a Secret* by Benjamin Stevenson

To receive updates, including emails on voting for the next book, send your full name and email to **Jason.Calder@invernesscounty.ca**

Murder Mystery Night

A fun mind bending evening where a murder must be solved. Every one of the party attendees is a suspect but can you find out who did it? Come alone, or with a group for a night of mystery and laughs. Snacks will be available.

Thursday, November 26 | St. Mary's Parish Hall, Mabou
6:00 - 8:00 p.m. | 18+ | PlayFinder.ca
Registration required | $5 per person

For more information, contact Jason.Calder@invernesscounty.ca.

Seniors
Programming

For more information on seniors programming, reach out to Anna.Solomon@invernesscounty.ca

Communities & Healthy Aging Sessions

hosted in partnership with Cape Breton Univiersity

Communities & Healthy Aging programs are offered with respect for the cultural and geographical aspects of each community.

55+ | Drop-in | No cost

Judique Community Centre

Thursday, November 5 | 1:00 - 2:30 p.m.
Cooking Demonstration

Thursday, November 19 | 1:00 - 2:30 p.m.
Chair Yoga with Elaine Pettipas

La Salle des Retraités, Chéticamp

Thursday, November 12 | 1:00 - 2:30 p.m.
Chair Yoga with Faye Chipchase
Hollywood Set Design presentation with Tamara Deverell
Painting Kiosk with Shelly Lelièvre

Thursday, November 25 | 1:00 - 2:30 p.m.
Chair Yoga with Faye Chipchase
Ukrainian Egg Presentation and Painting Kiosk with Lisa O'Neill

Seniors Walking Group

A flat, slower paced walking group, designed for walkers of all abilities. Hosted in partnership with Cape Breton University's Centre for Healthy Aging.

Thursdays, November 12 & 26 | 1:00 p.m. - 2:00 p.m.
Meet at Judique Community Centre
No cost | Drop-in



Margaree Book Club Chapter Coming Soon

Youth

& Family Programming

For more information on youth programming, reach out to Krista.Macinnis@invernesscounty.ca

Get Active Learn to Skate

The Get Active team, in partnership with JumpStart, is preparing to offer a five-week Learn to Skate program for children approximately ages 4–6.
The program will focus on helping children feel comfortable and confident on the ice in a small-group setting. Participants will develop basic skating skills, including balance, striding, stopping, and safely falling and getting back up.

Our goal is to make every child's first experience on the ice a positive one and help them build the confidence to continue their skating journey.

Program Details

- Age: Approximately 4–6 years
- Length: Five weeks
- Cost: $50 per participant
- Locations: Chéticamp and Port Hood or Mabou
- When: November/December (dates and times to be confirmed)
- Equipment required

Children must have skates and a helmet with a facemask. Knee pads and elbow pads are encouraged but are not required.

Once dates and times are finalized with local arenas, registration will open at Playfinder.ca. Details will also be shared on the Municipality of the County of Inverness Facebook page.

Culture & Community Development

Event Schedule

The Culture and Community Development department works with community partners to help connect volunteers, youth, and newcomers in Inverness County. Join them for some events in October, pick up a new skill, and connect with your community!

Learn to Salsa!

Put on your dancing shoes and come try out salsa dancing! This beginner-friendly event will build basic salsa skills and is a great opportunity for locals and newcomers to meet.

Friday, November 13 | 6:00 - 7:00 p.m.
Whycocomagh Waterfront Centre
No cost | Drop-in

Taste of Home

Connecting community through food

Food has a unique power to bridge cultures, tell stories, and make a new place feel like home.

Join us at this event and learn about stories, herbs, and spices that hold special meaning in their cultures. It's a wonderful opportunity to connect, learn, and celebrate local diversity together.

Friday, November 13 | 7:00 - 8:00 p.m.
Whycocomagh Waterfront Centre
No cost | Drop-in

Whether you have called Inverness County home for two years or two generations, you are invited to join the conversation, taste something new, and help plant the seeds for a more connected, resilient community.

Skating

Community skating schedule

Cabot Trail Arena **15582 Cabot Trail, Cheticamp**	Adult Skating	Thursday 1:00 pm - 2:00 pm
	Family Skating	Saturday 6:00 pm - 7:00 pm
	Family Skating	Sunday 3:00 pm - 4:00 pm
Check cheticamp.rinkbook.ca for schedule changes or updates.		
Mabou Athletic Centre **186 Mabou Harbour Road, Mabou**	Family Skating	Sunday 5:30 pm - 7:00 pm
Check mabou.rinkbook.ca for schedule changes or updates.		
Dr. Bernie MacLean Cultural & Recreation Centre **108 Forest Street, Inverness**	Adult Skating	Tuesday & Thursday 2:00 pm - 3:00 pm
	Parent & Tot	Tuesday & Thursday 3:00 pm - 4:00 pm
	Family Skating	Saturday 6:00 pm - 7:00 pm
	Family Skating	Sunday 6:00 pm - 7:00 pm
Check inverness.rinkbook.ca for schedule changes or updates.		
Al MacInnis Sports Centre **45 Wharf Road, Port Hood**	Family Skating: Schedule will vary based on rentals.	
Check porthood.rinkbook.ca for schedule changes or updates.		

Arenas do have helmets to borrow for those in need based on availability. Stay tuned for updated schedules throughout the season.

Rental Equipment

The Recreation & Community Wellness department is pleased to offer winter equipment rentals to help residents get outside and stay active through the winter months.

All equipment is available for $2/day or $10/week.

Book equipment online at PlayFinder.ca.



Cross Country Skis



Crampon Snowshoes



Beavertail Snowshoes

Equipment pick up/drop off:

Recreation & Community Wellness Office

86 High Rd., Port Hood

Indoor Sports Schedule

For more information or to register for community programming, visit playfinder.ca, or call the Inverness County Recreation & Community Wellness Department at 1-866-258-0223, select option 6.

Adult			
Ecole NDA	Tuesday	Pickleball	7:00 - 8:30 p.m.
	Thursday	Pickleball	7:00 - 8:30 p.m.
Cape Breton Highlands Academy	Thursday	Soccer	7:00 - 9:00 p.m.
Inverness Education Centre / Academy	Monday	Pickleball	7:30 - 9:00 p.m.
	Wednesday	Pickleball	7:30 - 9:00 p.m.
	Thursday	Basketball	7:30 - 9:00 p.m.
Bayview Education Centre	Monday	Pickleball	7:00 - 8:30 p.m.
	Tuesday	Volleyball	7:00 - 8:30 p.m.
	Wednesday	Pickleball	7:00 - 8:30 p.m.
Family			
Dalbrae Academy	Wednesday	13+ Soccer	7:00 - 9:00 p.m.
Ecole NDA	Wednesday	Family Badminton	7:00 - 8:30 p.m.
Youth			
Bayview Education Centre	Tuesday	Soccer (Ages 10-14)	6:00 - 7:30 p.m.
Dalbrae Academy	Monday	Volleyball (Grades 8-12)	7:00 - 9:00 p.m.

Please note: activities will not take place when schools are closed due to holidays or school functions.

If you want to facilitate a new sport program in the community, please reach out to recreation@invernesscounty.ca.

Happening this month!

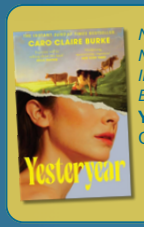
WHYCOCOMAGH PUBLIC LIBRARY

November 2026

eastern counties REGIONAL LIBRARY

Municipality of Inverness County

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 1 p.m. Senior's Games 4 p.m. Creative Minds Paintable Pals	**3** 1 p.m. STEM Activity 5 p.m. Board Games	**4** 12:30 p.m. Family Place Play Group 4 p.m. Emergency Management Info Session.	**5** 1 p.m. STEM Activity 5 p.m. Movie Night	**6** 1 p.m. Senior's Games 4 p.m Creative Minds Paintable Pals	**7** 2 p.m. Cape Breton Geology* With Parks Canada
9 11 a.m. Story Time 3 p.m. Home School Club	**10** 11 a.m. Kids Crafts 1 p.m. Homeschool Drop-in 4 p.m. Craft Social	**11** Sorry, We're CLOSED	**12** Sorry, We're CLOSED	**13** 5 p.m. Seniors & Tech 6 p.m. Learn to Salsa* 7 p.m. Home Cooking	**14** 2 p.m. Treasure Hunt
16 11 a.m. Story Time 4 p.m. Origami	**17** 11 a.m. Kids Crafts 1 p.m. Homeschool Drop-in 4 p.m. Craft Social	**18** 12:30 p.m. Family Place Play Group 3 p.m. Home Work Club	**19** 1 p.m. STEM Activity 5 p.m. Book Club	**20** 1 p.m. Senior's Games 4 p.m Creative Minds Colour Wheel Activity	**21** 1 p.m. Author Reading: Tom Urbanaik
23 11 a.m. Story Time 3 p.m. Home School Club	**24** 11 a.m. Kids Crafts 1 p.m. Homeschool Drop-in 4 p.m. Craft Social	**25** 12:30 p.m. Family Place Play Group 3 p.m. Home Work Club	**26** 1 p.m. STEM Activity 5 p.m. Dungeons & Dragons	**27** 1 p.m. Family Acrylic Painting 4 p.m. Dial-a-Story	**28** 1 p.m. MakeBlock Robot Kits Recommended for ages 8 to 12
30 11 a.m. Story Time 5 p.m. Origami					



November Municipality of Inverness County Book Club pick **Yesteryear** by Caro Claire Burke

*Registration required: https://playfinder.ca

Events are subject to change.

Check weekly schedule on Facebook for updates

For more info contact:

902-631-2078 | whycocomagh@ecrl.ca